

14.12. SOUTHERN EYRE PENINSULA ReGIONAL PUBLIC HEALTH PLAN

GENERAL MANAGER: CORPORATE & COMMUNITY - DAVID LEVEY
OFFICER: MANAGER COMMUNITY, CULTURE AND RECREATION – HELENA JONES
FILE REF: 9.24.1.2 REP22169

REPORT SUMMARY

The purpose of this report is for Council to endorse the draft Southern Eyre Peninsula Regional Public Health Plan for public consultation, pending approval from the SA Health Minister.

RECOMMENDATION

- 1. That pursuant to the South Australian Public Health Act 2011, the City of Port Lincoln endorse the draft Southern Eyre Peninsula Regional Public Health Plan (SEPRPHP) 2023 – 2028.**
- 2. That pending endorsement of the draft SEPRPHP from the District Councils of Tumby Bay and Lower Eyre Peninsula, the draft SEPRPHP be forwarded to the Minister for Health and Wellbeing for approval to be released for public consultation.**
- 3. That public consultation on the draft SEPRPHP be coordinated by the City of Port Lincoln and undertaken for a period of no less than 21 days, commencing as soon as practicable once approval has been received from the Minister for Health and Wellbeing.**

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DECISION MAKING INFLUENCES FOR THIS REPORT

The following factors ought to be considered by Council when making a decision on this matter:

COUNCIL ROLE

What role does Council play in this matter?

Partner / Collaborate - Form partnerships bound by legislation, delegation or contract to deliver outcomes

STRATEGIC ALIGNMENT

List Reference to how this aligns with the Strategic Directions Plan (SDP) and other Strategic Plans

SDP GOAL: Goal 2: Liveable and Active Communities

SDP ACTION: 3.3 Advocate for regional co-operation and promote the voice of the community in regional, state and national forums

ANNUAL BUSINESS PLAN AND BUDGET

List reference to how this aligns with the ABP & Budget

Is a budget review required? No

This project has been part-funded each by COPL, Lower Eyre Council and District Council of Tumby Bay, in the 2020/21 financial year, and delivered by COPL staff over 2020-2022.

ABP 2022/23 Project List:

Not applicable

POLICY / GUIDELINE / LEGISLATIVE

List reference to relevant Council Policy / Guidelines / Legislation

Public Consultation & Community Engagement 2.63.1

Local Government Act 1999

South Australian Public Health Act 2011

RISK CONSIDERATIONS

High level summary of any key risk considerations arising as a result of this decision

No

COMMUNITY CONSULTATION

Yes

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REPORT DETAIL

Section 51 (19) of the South Australia Public Health Act 2011 (the Act) requires that, once prepared and in place, a Regional Public Health Plan must be reviewed once in every five years. The first Southern Eyre Peninsula Regional Public Health Plan (SEPRPHP) for the local government areas of Port Lincoln, Tumby Bay and Lower Eyre Peninsula expired in July 2020, and has subsequently undergone the required review.

The review was led by the City of Port Lincoln in collaboration with the two partnering Councils and considered requirements under the Act for maintaining and changing the plan. The following table identifies review requirements, process undertaken and relevant findings.

Review Focus Area 1:

Have substantial changes been made to the state PHP that may necessitate changes to the SEPRPHP?:

Review Process Undertaken:

The current State Public Health Plan 2019-2024 ('State PHP') has undertaken a rebranding exercise since the first State Public Health Plan in 2013. The original four priority areas were:

1. Stronger and Healthier Communities and Neighbourhoods for All Generations
2. Increasing Opportunities for Healthy Living, Healthy Eating and Being Active
3. Preparing for Climate Change
4. Sustaining and Improving Public Health and Environmental Health Protection

These priority areas have been refined in the current State PHP as follows:

1. **Promote:** Build stronger communities and healthier environments
2. **Protect:** Protect against public and environmental health risks and respond to climate change
3. **Prevent:** Prevent chronic disease, communicable disease and injury
4. **Progress:** Strengthen the systems that support public health and wellbeing

Findings:

This exercise indicated that while terminology had changed, the intent behind the strategies and actions has not. Therefore, no substantial change has been made to the State PHP that would necessitate broad changes to the SEPRPHP.

Review Focus Area 2:

Have there been substantial changes in demographics, health profile or other circumstances that warrant a re-think of the identified public health strategies and actions?

Review Process Undertaken:

The population health profile data that was utilised to inform the initial SEPRPHP was reviewed in context of current community profile statistics, available via the National Social Health Atlases from the Public Health Information Development Unit (PHIDU), along with the 2021 Census Data.

Findings:

- 27% of our households reported rent payments greater or equal to 30% of household income. Compared with 10.2% in SA
- Increase in unemployment beneficiaries (from 2013)
- Increase in families with mother of low education attainment (from 2013)
- Children in low income families in Port Lincolns sits at 19%
- Decrease in immunisation at 1 year of age (from 2013)
- 5.1% of our population identify as being Aboriginal or Torres Strait Islander
- 5.4% of our population live with a profound and significant disability
- 17% of our children (aged 0 – 5) are considered developmentally vulnerable (this has reduced from 20% in 2013)
- 8% of our people aged 15 years and over have reported mental health issues such as depression or anxiety

Review Focus Area 3:

In implementing the plan have substantial gaps, omissions or difficulties that would require reconsideration of elements of the plan been identified?

Review Process Undertaken

Assessment of activity reporting undertaken throughout the life of the initial SEPRPHP was undertaken to determine success/continued need/relevance of identified actions.

Findings:

There has been considerable work undertaken across the three partnering councils either collectively or individually against many of the actions identified within the initial SEPRPHP, notably:

- Volunteer framework review (COPL)
- Community garden projects
- Installation of shade provisions at playgrounds and reserves
- Open Space Strategy
- Ageing Well Local Action Plans
- Development of a Reconciliation Action Plan (COPL)

This section of the review highlighted the need for continued advocacy work in areas of public transport and additional health services, particularly mental health. The review of activity reporting also highlighted the impact of volunteer shortages on delivery of community organisation programs and services.

Overall, this section of the review demonstrated ongoing relevancy of the initial SEPRPHP, with refining of specific actions required to ensure delivery within the context of resourcing and council strategic directions.

Review Focus area 4:

Is the RPHP aligned well with other council plans/procedures?

Review Process Undertaken:

The SEPRPHP strategies and actions were assessed against council strategic plans.

Findings:

A strong alignment observed to the goals and key focus areas to strategic plans.

Review Focus Area 5:

Will the reviewed plan have regard to other regional public health plans within the region (to identify public health issues, risks and opportunities across council boundaries)

Review Process Undertaken:

The SEPRPHP was cross referenced with Regional Public Health Plans completed by Ceduna, Whyalla and Franklin Harbour. Additionally, the plan was cross referenced with the State Public Health Plan, Eyre and Far North Local Health Network Strategic Plan, and SA Health and Wellbeing Strategy

Findings:

Consistencies can be observed when the SEPRPHP contrasted with other RPHPs in this way which validates the SEPRPHP approach and suitability in a regional context.

The review of the SEPRPHP provided opportunity to reflect on whether the plan continues to meet its objectives, taking into account learnings from the first plan, assessment of local priorities, demand, and capabilities to deliver. Overall, the review highlighted the need for SEPRPHP to have continued focus on:

- Access and inclusion
- Social inclusion and community connectedness
- Support and other relevant services accessibility
- The role of parks and open spaces to live active and healthy lives
- Responding to climate change
- Protection against public and environmental health risks
- Prevention of chronic disease, communicable disease and injury

The role of Councils in each of these focus areas will range from being the provider, facilitator or advocate.

The attached draft SEPRPH 2023 - 2028 has therefore been aligned to the four priority areas of the State Public Health Plan:

Promote: Build Stronger communities and healthier environments

Protect: Protect against public and environmental health risks and respond to climate change

Prevent: Prevent chronic disease. Communicable disease and injury

Progress: Strengthen the systems that support public health and wellbeing

The plan represents an appropriate and realistic focus that is aligned with strategic directions and addresses relevant population health profile data. This overall focus will provide a framework for the Southern Eyre Peninsula Councils to support their communities and contribute to a health and wellbeing system that promotes physical, mental and social wellbeing, prevents ill health and supports people to maintain wellbeing and lead healthier lives.

Following endorsement from the District Councils of Tumby Bay and Lower Eyre Peninsula, the City of Port Lincoln will submit the draft SEPRPHP to the SA Health Minister and request approval for the plan to go out to public consultation, as required under the Act.

Consultation

Consultation for the draft SEPRPHP will commence as soon as practicable for a period of no less than 21 days following approval of the draft document from the Minister for Health and Wellbeing. The consultation process will be coordinated by the City of Port Lincoln on behalf of the District Councils of Lower Eyre and Tumby Bay.

During this time the following advertising will take place, inviting community members to comment, utilising the following media as required:

- Radio Advertising
- Councils Social Media Platforms
- Councils Websites
- Public Notices and advertising in Local Newspapers

The above advertising will direct all interested parties to the City of Port Lincoln's Engagement Hub platform and dedicated "Your Say" website page. This will allow people to easily review the draft and submit their feedback through one source.

At the conclusion of the engagement period, the Council Administration will prepare a consultation report addressing community and stakeholder feedback and any new or revised information for consideration by each of the partnering councils.

After considering feedback, a final draft will be prepared by the City of Port Lincoln for endorsement by each of the partnering Councils to be submitted to the Chief Public Health Officer for final approval.

REPORT ATTACHMENTS

Yes	Attachment 10	N2211149 SOUTHERN EYRE REGIONAL PUBLIC HEALTH PLAN (SEPRPHP 2023-2028 DRAFT - FOR COUNCIL ENDORSEMENT)
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City of Port Lincoln

Seafood Capital of Australia



ATTACHMENT 9 N2211149

**REPORT 14.12 SOUTHERN EYRE PENINSULA REGIONAL
PUBLIC HEALTH PLAN**

DRAFT

Southern Eyre Peninsula

REGIONAL PUBLIC

HEALTH PLAN

2023 - 2028





FIRST NATIONS ACKNOWLEDGEMENT

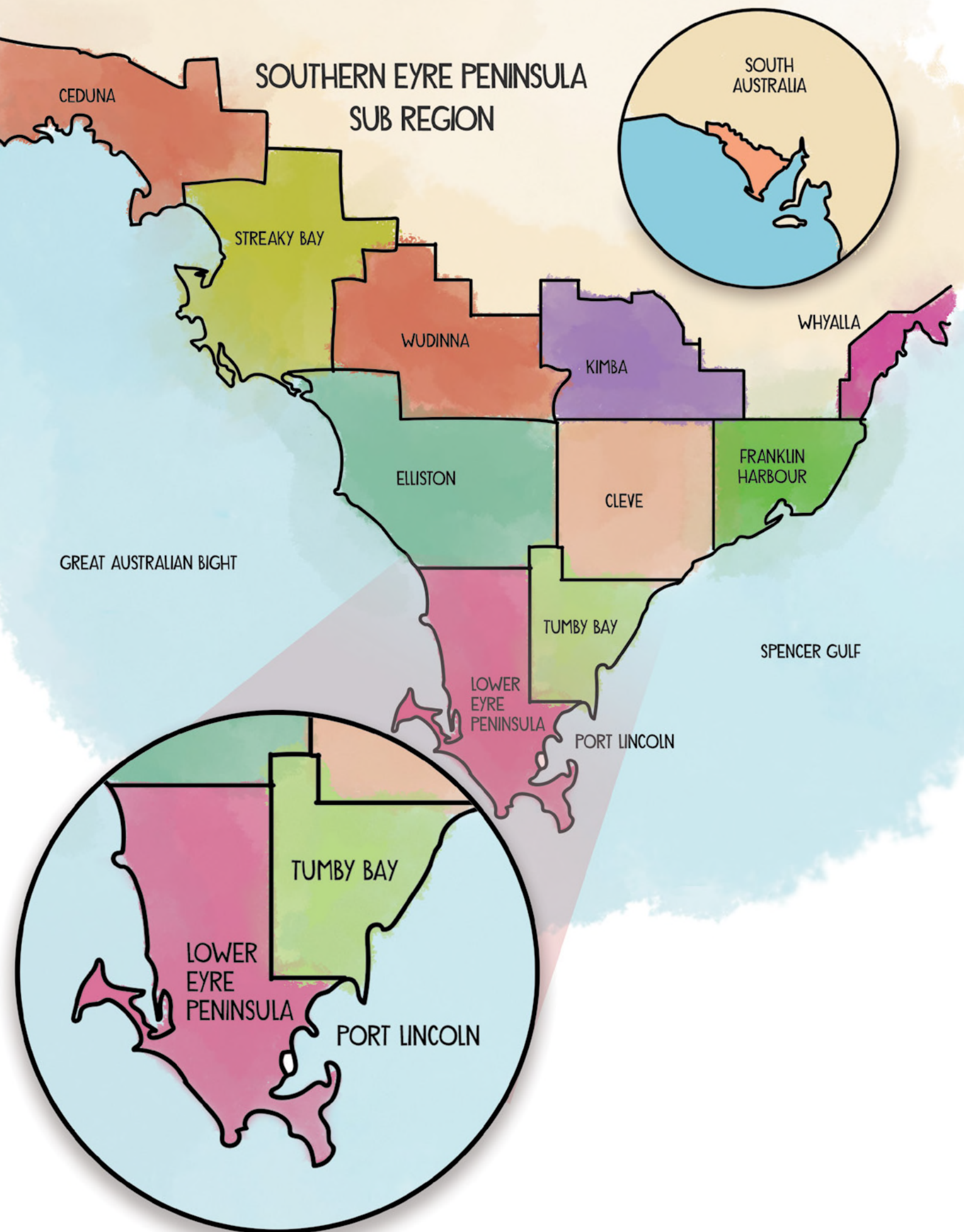
We acknowledge the Traditional Owners of lands on which the Southern Eyre Peninsula region rests, and their continuing connection to land, sea, culture, and community.

We pay our respects to Elders past, present and emerging, and we extend that respect to other Aboriginal and Torres Strait Islander people in our community.

The City of Port Lincoln Reconciliation Action Plan can be found here:

<https://www.portlincoln.sa.gov.au/documents/strategic-plans-and-strategies>





MESSAGE FROM THE MAYORS

We have developed the SEPRPHP to ensure our community's wellbeing is at the forefront of policy and decision-making by all levels of government.

Our councils are committed to the direction and actions within this plan, and to our communities' aspirations for better health and wellbeing into the future.

Our region has a rich natural environment, and a diverse economy with growing industries in aquaculture and mining.

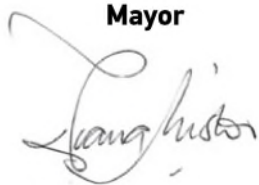
Our communities are cohesive and resilient. Together we have faced drought, devastating bushfires, and the many, diverse impacts of a global pandemic. Distance also remains a challenge in accessing services.

Local government is central to community life. This plan appraises the wide range of services and initiatives our Councils provide and reveals opportunities to improve our community's health and wellbeing.

We will use this plan, and stronger partnerships with state and federal governments, to improve coordination and levels of service delivery and advocate for our community's needs into the future.

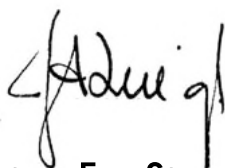
To make a tangible difference, it will require the support of the entire Southern Eyre community. We look forward to partnering with you on this.

Mayor



City of Port Lincoln

Mayor



Lower Eyre Council

Mayor



District Council of Tumby Bay



REGIONAL PUBLIC HEALTH PLANNING 2013 TO 2018

In accordance with the SA Public Health Act 2011, local councils prepare and maintain regional public health plans for their areas.

This builds on councils' long-standing role in health protection, as public health authorities for their areas.

The first regional public health plans (2013-2018) were dynamic and diverse, combining aspirational and practical, strategic and operational public health actions.

By their nature, regional public health plans are a point in time snapshot of what local government is doing and delivering at local and regional levels.

All 31 plans, representing the 68 SA local councils, consistently focused on key determinants of health including:

- built and natural environments
- social cohesion and inclusion
- social protection
- climate change
- food and water safety and security
- early childhood
- economic development and local employment
- education and learning
- crime and safety; and
- the cultural determinants of health.

REGIONAL PUBLIC HEALTH PLANNING 2018 AND BEYOND

This Southern Eyre Peninsula Regional Public Health Plan 2023-2028 updates the inaugural plan released in 2015.

It continues a holistic approach, reflecting that responsibility for health is shared by the wider community, government, local organisations and individuals.

The plan is informed by the state of health in our region, emerging trends and priorities, and the South Australian Government's latest State Public Health Plan 2019-2024, which provides framework by which councils can take action to improve the health and wellbeing of their communities. It has four priority areas:

1. **Promote:** build stronger communities and healthier environments
2. **Protect:** protect against public and environmental health risks and respond to climate change
3. **Prevent:** prevent chronic disease, communicable disease and injury
4. **Progress:** strengthen the systems that support public health and wellbeing

By aligning our regional plan with these priorities, we will help improve our community's health and wellbeing, and reduce preventable illness and injury. We also build on the State's vision for a "healthy, liveable and connected community for all South Australians" and support the strategic direction of our three councils.



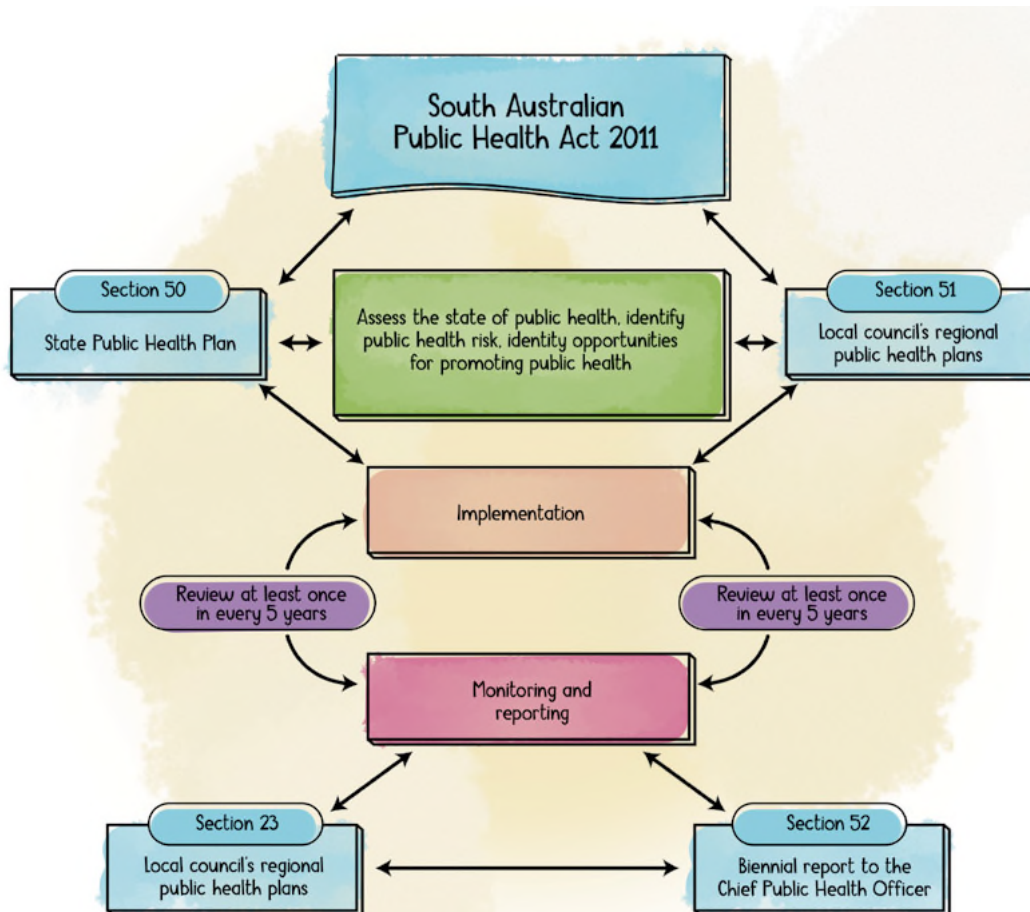


Figure 1 - South Australian Public Health Planning System.
Adapted from the State Public Health Plan with permission from SA Health.

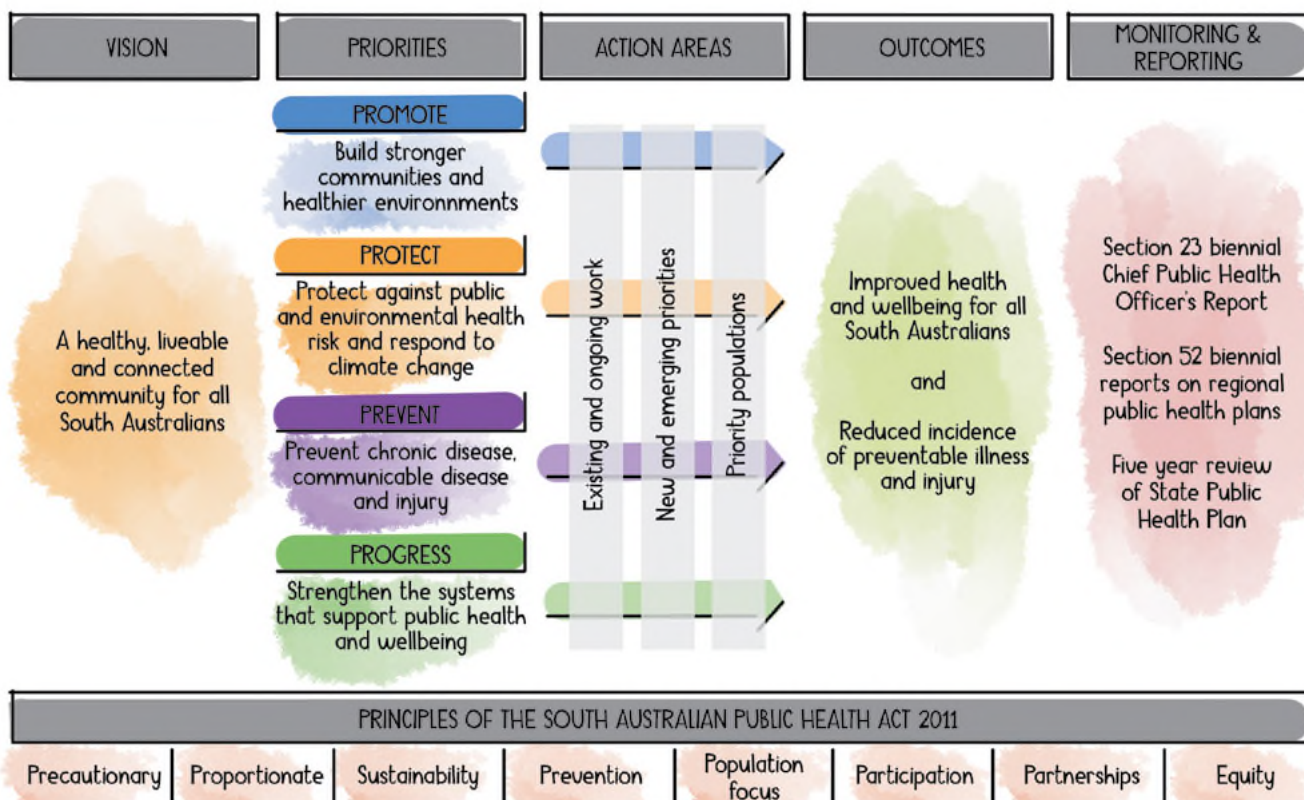


Figure 2 - Framework of the State Public Health Plan 2019-2024.
Adapted from the State Public Health Plan with permission from SA Health.

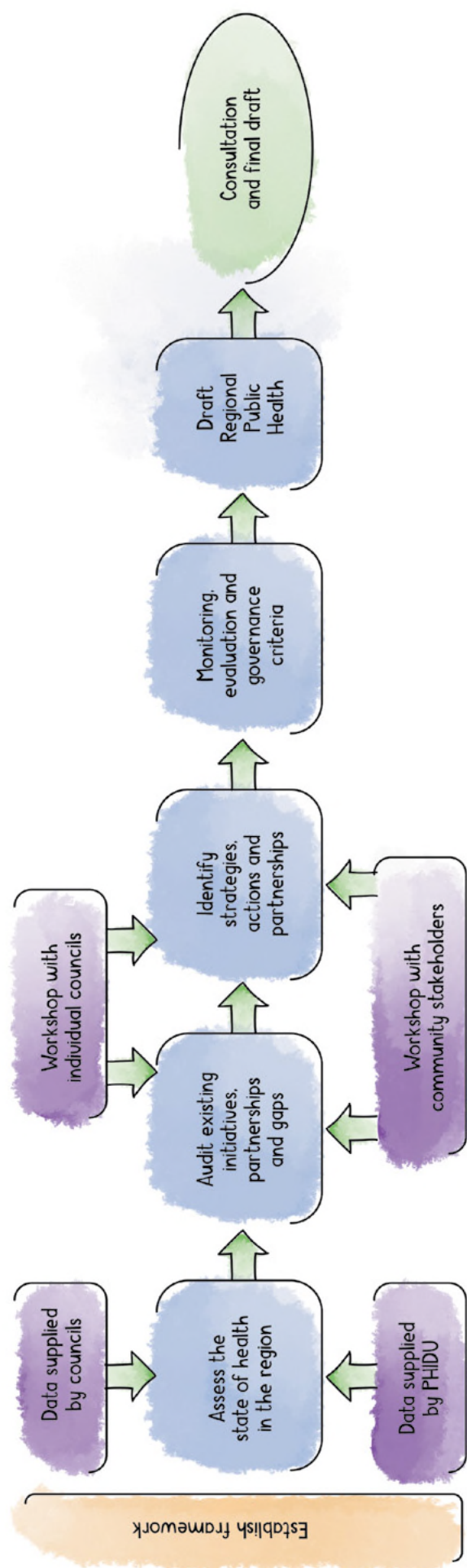


Figure 3 – The process of developing the Regional Public Health Plan.
Adapted from the State Public Health Plan with permission from SA Health.

THE HEALTH LANDSCAPE: SOUTHERN EYRE PENINSULA

This plan provides a basis for understanding and acting upon factors impacting community health within Southern Eyre Peninsula.





It demonstrates the substantial range of initiatives Councils and other organisations currently undertake to support health and wellbeing in the region. The plan highlights new strategies in promoting and improving health. It also aims to strengthen our Councils' relationships with other sectors and organisations and build new alliances to bring greater focus to the highest priority areas.

Since the first SEPRPHP there have since been significant changes in the landscape of public health. These include the COVID-19 pandemic and its flow on effects, and the establishment of an entirely new State agency representing an increased focus on prevention and holistic health and wellbeing by the public health sector.

Southern Eyre Peninsula communities have responded valiantly to the pandemic, resilience through lockdowns, kindness within community, adaptation by business and organisations to care for their residents.

However, detrimental effects have included social isolation and mental wellbeing concerns, impacts on personal and business finances, employment, travel, and tourism impacts. Learnings from this period will put us in good stead to care for each other and particularly our most vulnerable.

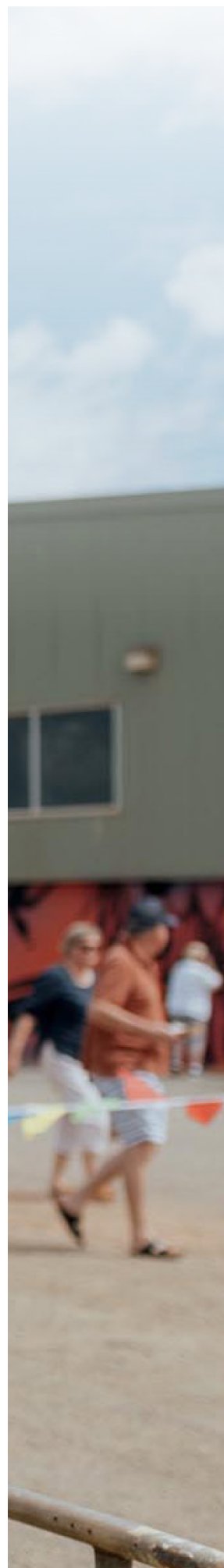
Our communities have also been affected by seasonal employment and industry sector employment changes, and continue to be affected by gambling, alcohol, and drug use.

Wellbeing SA was established in 2020, representing a renewed focus and action on prevention. It will use a broad, population health approach to lead community-wide action on the determinants of health and wellbeing.

A push across the state and national health environment away from chiefly treating people when unwell, to a health and wellbeing system which also promotes physical, mental, and social wellbeing, prevents ill health and supports people to maintain wellbeing and lead healthier lives.

A large part of Wellbeing SA's mandate is working with the State Government and the wider community to reduce rates of suicide – which is the leading cause of death for South Australians aged 15 to 44.

For our region, this “rebalancing” of the priorities of the public health system gives clear scope within this Plan to appraise current initiatives and promote new strategies which support health and wellbeing.



A SNAPSHOT OF THE REGION

The Southern Eyre Peninsula region covers approximately 7400km² with a population of 23,297, most living within the City of Port Lincoln. The region has a mix of coastal and inland communities, and national parks, which contribute to a positive natural

environment promoting physical activity. Residents identify community strength, open space availability and low costs of living as advantages that support health and wellbeing.

OUR POPULATION

23,131

Our population growth rate of 0.85% is below the state rate of 1.25% and below the national population growth rate of 1.72%.

CITY OF
PORT LINCOLN
14,404

DC OF LOWER EYRE
PENINSULA
5,910

DISTRICT COUNCIL
OF TUMBY BAY
2,817

FIRST NATIONS

1,188

(5.1% of the population), higher than SA at 2.39%

CITY OF
PORT LINCOLN
946

DC OF LOWER EYRE
PENINSULA
180

DISTRICT COUNCIL
OF TUMBY BAY
62

OUR AGES AND ABILITIES

Life expectancy
81 YEARS EP

South Australian
median age:
40 YEARS

First Nations
median age:
23 YEARS

Australian
median age:
38 YEARS

CITY OF
PORT LINCOLN
83

LOWER EYRE
COUNCIL
80

DISTRICT COUNCIL
OF TUMBY BAY
81

Percentage of population

Aged 0-19 years

COPL: **23%**

LEC: **25%**

DCTB: **21%**

Aged 65 years plus

COPL: **21%**

LEC: **19%**

DCTB: **31%**

5% of South Australians have
a profound or severe disability

COPL: **5.5%**

LEC: **3%**

DCTB: **5.5%**

OUR CULTURE

We come from 39 countries

Speak more than 30 languages

Top languages spoken at home other than English

COPL

Croatian, Tagalog,
Greek, Punjabi,
Italian

LEC

German, Greek,
Telugu, Thai,
Pitjantjatjara

DCTB

German, Italian,
Indonesian, Thai



Follow at least
25
religions



24% of us
volunteer with a
community group



558 of our residents
serve or have served
in defence forces



OUR HOUSEHOLDS

OUR RELATIONSHIPS

46% of South Australians are married, as are 46% of Australians.

42%
COPL

55%
LEC

55%
DCTB

11% of South Australians are de facto, 12% Australia

14%
COPL

15%
LEC

11%
DCTB

OUR ENVIRONMENT

Australian population density:

3.2 people per km²

SA population density:

1.6 people per km²

SEP population density:

163 per km²



488
per km²
COPL

1.2
per km²
LEC

1
per km²
DCTB

COPL	LEC	DCTB
22% 4+ bedrooms	34% 4+ bedrooms	24% 4+ bedrooms
56% 3 bedrooms	47% 3 bedrooms	50% 3 bedrooms
17% 2 bedrooms	14% 2 bedrooms	20% 2 bedrooms
3% 1 bedroom	4% 1 bedroom	4% 1 bedroom
7% no vehicle	1% no vehicle	5% no vehicle
37% have 1 vehicle	22% have 1 vehicle	32% have 1 vehicle
37% have 2 vehicles	43% have 2 vehicles	38% have 2 vehicles
17% have 3+ vehicles	33% have 3+ vehicles	23% have 3+ vehicles

MULTIPLE DETERMINANTS OF HEALTH

Our health and wellbeing is impacted by the social, economic and environment conditions in which we live - the determinants of health. Below are some examples of our region's experiences of them. Other determinants include the influence of built and natural environments, genetic factors, work conditions and environments and access to health care and services.

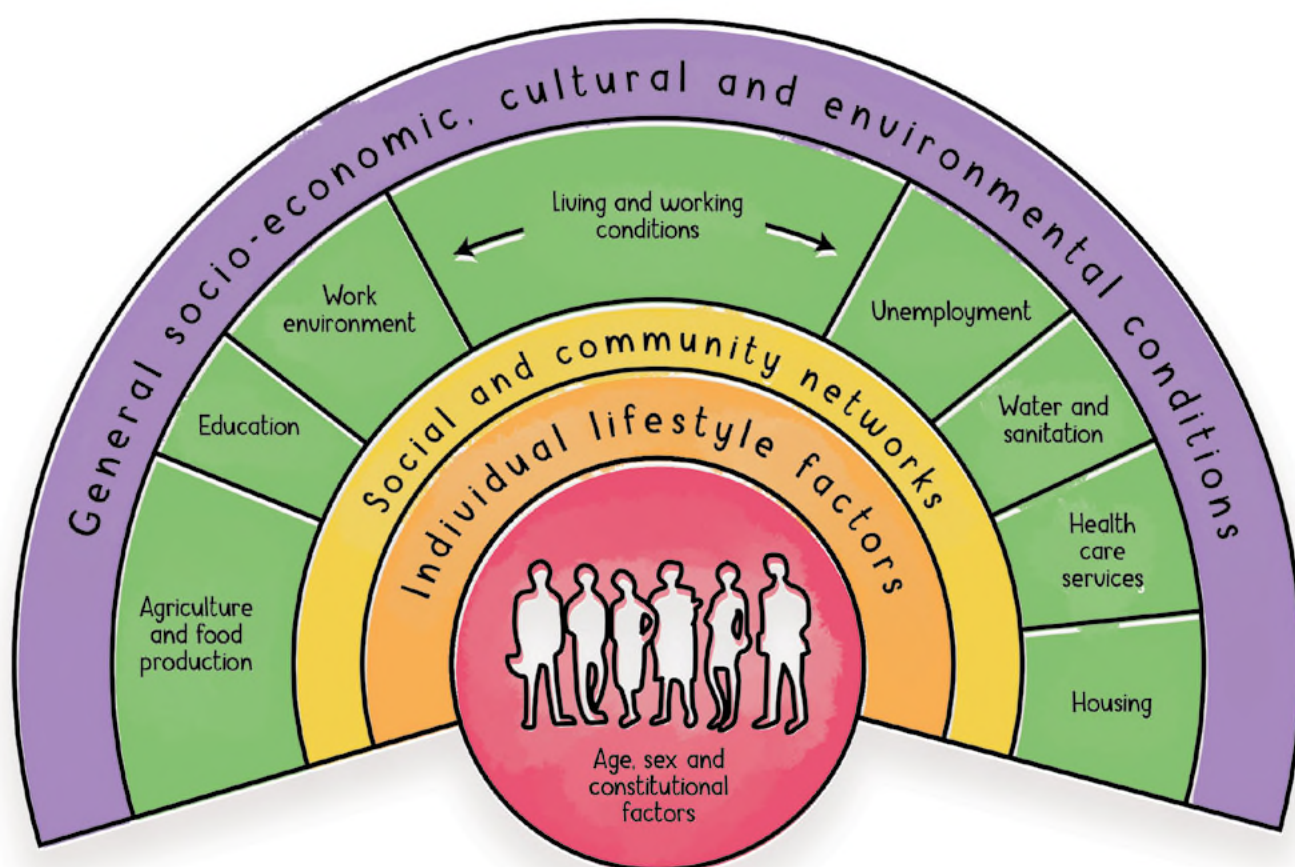


Figure 4 – The determinants of health by Dahlgren and Whitehead 1991.

Graphic adapted from The First Pan European Sociological Health Inequalities Survey of the General Population: The European Social Survey Rotating on the Social Determinants of Health, used and licensed under CC 4.0 International by the City of Port Lincoln.



28% of our region's people volunteer formally with an organisation or group.
13% volunteer informally e.g., helping a neighbour with grocery shopping.



17% of children were considered developmentally vulnerable in the Australian Early Development Census 2021, compared with 13% in SA and 11% across Australia. This has reduced from 20% in 2018.



49% of SEP residents 20–64 years have a Year 12 or equivalent qualification, compared with 61% of South Australians and 67% of Australians.



Mental illness is now the second largest contributor to years lived in ill-health, and nearly half of all South Australians will experience it in their lifetime. Our region is on par with 9.5% of South Australians over 15 years of age having a reported mental health issue such as depression or anxiety – with 8% in Lower Eyre Peninsula, 10% in Port Lincoln and 11% in Tumby Bay.



27% of households reported rent payments greater or equal to 30% of household income, compared with 10.2% in SA, and 11.5% in Australia.

10% reported mortgage repayments greater than or equal to 30% of household income, compared with 6.6% in SA and 7.2% in Australia.



SEP residents have a median weekly income of \$1,243, compared with SA \$1,206 and Australian \$1,438.

HEALTH STATUS IS NOT THE SAME FOR EVERYONE

There is an established connection between social and economic disadvantage and poor health. In broad terms, this means that people who live with disadvantage will experience the poorest health.

Taking action to improve the social determinants of health is necessary to improve the health of vulnerable groups. For this reason, social inclusion and community development is a priority for improving health and wellbeing of the wider community.

Vulnerable people groups include First Nations peoples, those at a socio-economic disadvantage, and those with culturally and linguistically diverse backgrounds. Eyre Peninsula residents are also rural and remote, geographically, which adds another layer of disadvantage.

The Index of Relative Socio-Economic Disadvantage is compiled by the Australian Bureau of Statistics identifies scores below 1000 to reflect greater disadvantage. As at 2018, the Southern Eyre Peninsula region's score of 968 indicates a similar level of relative disadvantage to the non-metro SA score of 962.

952	1,019	980
COPL	LEC	DCTB

Children in low-income families can be more vulnerable to psychological and social difficulties, behavioural problems, lower self-regulation and elevated physiological markers of distress.



The proportion of children in low income and welfare dependent families varies:

19%	6%	9%	11%	16%
COPL	LEC	DCTB	SA METRO	SA REGIONAL

Education and training can reduce the risk of substance abuse, poverty and risky behaviours. A relatively high proportion of our region's school leavers go on to attend university.

24%	27%	25%
COPL	LEC	DCTB

Sources: Australian Bureau of Statistics: Census 2016 and 2021; Torrens University Australia PHIDU (Public Health Information Development Unit) Social Health Atlases; Australian Early Development Census 2021.

STRATEGIC DIRECTIONS FOR SOUTHERN EYRE PENINSULA

This section outlines our strategic directions for promoting public health and wellbeing within the City of Port Lincoln, the Lower Eyre Council and the District Council of Tumby Bay.

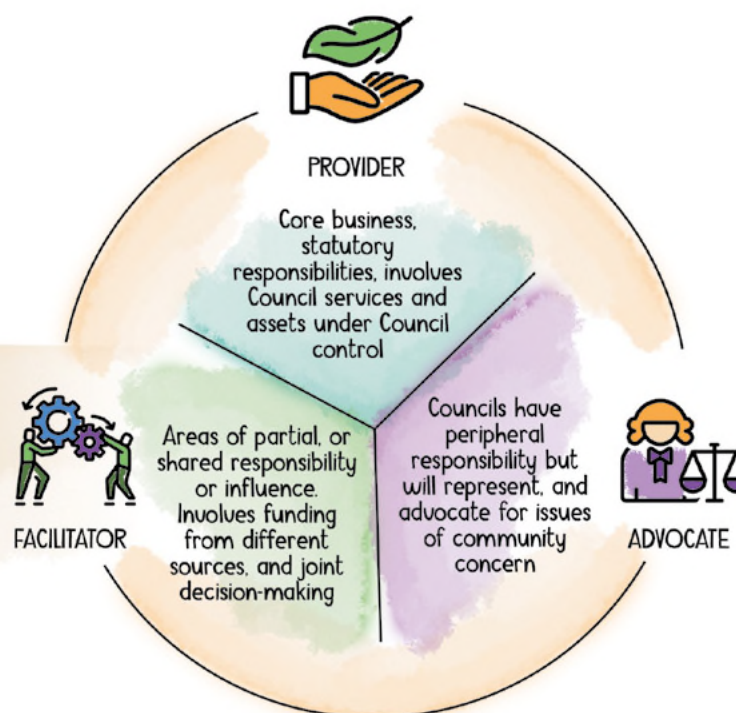
It is aligned to the four priority areas of the State Public Health Plan:

- PROMOTE** - Build stronger communities and healthier environments
- PROTECT** - Protect against public and environmental health risks and respond to climate change
- PREVENT** - Prevent chronic disease, communicable disease and injury
- PROGRESS** - Strengthen the systems that support public health and wellbeing

Strategies in this plan are based on the region's state of health as reflected in reliable data (see acknowledgements on page 2) and consultation with Council representatives and community organisations.

The following initiatives support public health and wellbeing and demonstrate the substantial contribution made to public health promotion by councils, community organisations and government agencies. They reflect public health priorities for our region and how councils plan to address them in the future.

The roles of Council in public health





PROMOTE

build stronger communities and
healthier environments

This priority area recognises the role of local government in promoting physical environments for healthy lifestyles and wellbeing through collaborative and vibrant environments.

In our region we can all:

- feel safe, healthy, well, supported and valued
- be welcomed, connected and participate in community life
- enjoy community support structures to support resilience and wellbeing

Examples of council roles in this goal:

- Plan for disability access and inclusion
- Advance reconciliation and unity within communities
- Support older people to live well
- Foster positive engagement of youth
- Champion active citizenship and volunteering
- Support community events
- Provision of community grants
- Facilitate programs to support and improve digital literacy and access to resources
- Maintain libraries, community centres, other social infrastructure and programs



Our regional collaboration actions for this priority are:

Action	Looks like
Regional collaboration on improved walking trails and camping	<ul style="list-style-type: none"> Continue collaborative involvement with Regional Development Australia Eyre Peninsula and Eyre Peninsula councils to improve networks of outdoor recreational facilities and trails for walking and cycling
Support older people to live well within their communities	<ul style="list-style-type: none"> Investigate further development of the Southern Eyre Peninsula Ageing Well Strategy Advocate for continued investment and expansion of health and aged care
Regional support and advocacy to improve transport options	<ul style="list-style-type: none"> Advocate for improved public transport within the Southern Eyre Peninsula

Council actions for this priority

Council	Priority action
COPL	<ol style="list-style-type: none"> Continue to implement Council's Reconciliation Action Plan Implement the Disability Access and Inclusion Plan Develop and implement a Youth Action Plan Develop and implement the Sport and Recreation Strategy to meet community needs and sustainable service levels Promote wellbeing, inclusion, digital literacy and childhood development through programs, activities and services at council facilities such as the Port Lincoln Library, Nautilus Arts Centre and Artyrea Develop and implement the Volunteer Management Plan Advocate for expansion of dial a ride service to include the whole of Port Lincoln
LEC	<ol style="list-style-type: none"> Implement the Disability Access and Inclusion Plan Maintain youth engagement through Youth Advisory Committee Maintain Community Engagement Strategy and Program with annual meetings and reference groups to involve residents in development, planning and issues of interest Partner with Red Cross on the Creating Connections program to offer increased social engagement and wellbeing for 55+ residents
DCTB	<ol style="list-style-type: none"> Implement the Disability Access and Inclusion Plan Maintain youth engagement through Youth Advisory Committee Facilitate opportunities for training in digital literacy especially for older people Encourage community and council partnership on tourism and events, including training for volunteers such as Town Ambassador program



PROTECT

protect against public and environmental health risks and respond to climate change

We have healthy and safe communities due to the often unseen, but essential public health services that protect us each day. Local government partners with state government to maintain the infrastructure and systems that protect the community against public and environmental health risks.

In our region we:

- Are planning for the long-term impacts of climate change
- Are resilient communities, resourced and planning to respond to and recover from emergencies and disasters such as extreme weather events

Examples of council roles in this goal:

- Climate change adaptation planning and integration
- Energy and water efficient council buildings and facilities
- Emergency management and disaster response planning
- Community education and communication during extreme events
- Manage public health risks such as food and water safety

Our regional collaboration actions for this priority are:

Action	Looks like
Regional climate change planning and institutional collaboration	<ul style="list-style-type: none"> • Support initiatives through the Regional Climate Change Adaptation Plan for Eyre Peninsula • Investigate the implications of potential sea level rise on coastal assets and potential for regional collaboration on controls
Regional emergency management response	<ul style="list-style-type: none"> • Participate and respond to decisions of the Eyre and Western Zone Emergency Management Committee • Share resources to help ensure our community is prepared and knows how to respond in an emergency
Consider a regional approach to sustainable waste management and recycling	<ul style="list-style-type: none"> • Support the development and implementation of regional waste management strategy by the Eyre Peninsula Local Government Association

Council actions for this priority

Council	Priority action
COPL	<ol style="list-style-type: none"> 1. Improve stormwater management including water sensitive urban design (SDP) 2. Develop and implement the Emergency Management Plan 3. Continue to implement bushfire education and prevention programs 4. Develop a Waste Management Strategy including community empowerment and education on resource management 5. Strengthen regional and multi-agency partnerships to support priority environmental health and safety issues such as hoarding and squalor 6. Review Council's carbon footprint and develop an action plan
LEC	<ol style="list-style-type: none"> 1. Maintain and continue training in the Emergency Management Plan 2. Support bushfire safety initiatives in high-risk areas to protect life and property 3. Maintain systems and processes that enable council to support emergency and essential service organisations during emergencies 4. Ensure continuity of service and support to the community during emergencies 5. Maintain awareness of impacts of a changing climate on Council's coastal towns and settlements and take appropriate actions to reduce impacts where resources permit 6. Work with stakeholders to secure reliable electricity supply across the region, including work with proponents of renewable resources in development of proposals that meet the region's needs
DCTB	<ol style="list-style-type: none"> 1. Investigate programs for heatwave and extreme weather that identifies shelter facilities, rolls out care packs for residents, promotes information for safe living under extreme conditions 2. Partner with community organisations to investigate potential for a safe refuge facility during emergencies 3. Investigate options for permanent protection of foreshore infrastructure and coastline environment 4. Continue to implement bushfire education and prevention programs 5. Review and implement the SA Government's Eyre and Western Zone Emergency Management Plan 6. Identify opportunities for adoption of innovative waste management strategies



PREVENT

prevent chronic disease, communicable disease and injury

This priority area speaks to the importance of local strategies that strengthen holistic approaches and partnerships for prevention, and address risk factors of individuals, for example of chronic or lifestyle diseases, and of the broader population, such as infectious diseases, health inequities, access, and treatment.

In our region we:

- Live in safe, engaged and caring communities
- Are empowered to eat well, be active and reduce our individual health risk factors
- Promote the wellbeing of all residents regardless of their circumstances

Examples of council roles in this goal:

- Maintain walking and cycling trails and networks
- Open space, sporting grounds, recreational facilities and playgrounds
- Recreation and sport planning
- Connect people with information and services to prevent harm from smoking, alcohol and drugs
- Encourage healthy eating through policies, programs and targeted promotion
- Create public spaces accessible to all and encourage incidental physical activity
- Minimise impacts of infectious and communicable diseases
- Improve prevention and treatment of mental wellbeing issues in the community

Our regional collaboration actions for this priority are:

Action	Looks like
Regional partnership in promotion of minimising infectious and communicable diseases	<ul style="list-style-type: none"> Support State and Federal Government and other agencies campaigns and initiatives specifically SA Health and the Eyre and Far North Local Health Network, Port Lincoln Aboriginal Health Service, and allied health network Advocate the needs of local communities in broader planning processes and support state emergency management frameworks
Regional collaboration on proactive health promotion	<ul style="list-style-type: none"> Cross promote health and wellbeing initiatives, events, and health promotion activities across local government areas to give residents more opportunities to engage Participate in and support state and regional campaigns and initiatives to reduce harm from alcohol and other drugs
Regional advocacy to support mental health and suicide prevention	<ul style="list-style-type: none"> Advocate collectively for improved access to mental health services in the region

Council actions for this priority

Council	Priority action
COPL	<ol style="list-style-type: none"> Maintain drinking water fountains in open spaces and parks, recreational and shopping precincts, sport and recreational facilities and community spaces Encourage participation by local clubs and associations in the Alcohol and Drug Foundation's Good Sports program Support suicide prevention initiatives that build community capacity Support initiatives that promote health and wellbeing outcomes through the Community Grant Funding program Continue to provide education opportunities for community groups on food safety
LEC	<ol style="list-style-type: none"> Promote Mentally Fit EP and Cummins Our Town projects for mental wellbeing within the community Review the Playground Strategic Plan Support ongoing sustainability of the community-run Cummins Memorial Swimming Pool and explore options for a dedicated public swimming facility at Coffin Bay
DCTB	<ol style="list-style-type: none"> Provide and maintain open space and recreation facilities that cater to the diverse needs of our community Support initiatives and partner with mental health networks such as Mentally Fit EP and Beacon of Hope Tumby Bay Wellness Group to build community capacity in mental wellbeing and suicide prevention Support clubs and groups to secure external grant funding for recreation and sport facility upgrades and programs Continue to adopt good design principles that promote inclusion when developing spaces or upgrading facilities



PROGRESS

strengthen the systems that support public health and wellbeing

Local government plays an important and varied role in shaping local environments to protect the community from public and environmental health risks and injury.

Councils maintain our natural and built assets and ensure sustainability and environmental factors are reflected in council programs and decision-making.

In our region:

- Councils collaborate to deliver regional public health outcomes
- Councils are resourced (OR prepared) to support regional collaboration

Examples of council roles in this goal:

- Seek funding to support regional coordination
- Share resources
- Shared service agreements
- Regional planning
- Linking or adding value to existing successful programs and networks



Our regional collaboration actions for this priority are:

Action	Looks like
Optimise benefits and value from regional models of service delivery	<ul style="list-style-type: none">• Continue joint advancement of shared service opportunities, incorporating Public Health actions• Develop and implement consistent public health and wellbeing promotion across the region, with consideration of messages being culturally appropriate wherever possible• Investigate potential establishment of an enduring formal 'alliance' or 'common purpose framework' for key strategic matters which are of high strategic importance to the councils and communities within the Southern Eyre Peninsula



WHERE TO FROM HERE?

Each of our councils will monitor its performance and drive its delivery of the key actions identified in this plan.

However, the partnership established to oversee the first plan's development, implementation and maintenance, as well as the reporting and review process, will continue.

The South Australian Public Health Act 2011 provides legal framework for the development of the Regional Public Health Plan, its implementation, two yearly assessment reporting and a five yearly review.

The Southern Eyre Peninsula councils will partner in this two yearly reporting to the Chief Public Health Officer, and review the Plan's contention and direction every five years. The next review will be due in 2028.

RELEVANT LEGISLATION AND DOCUMENTS

South Australian Public Health Act 2011

State Public Health Plan 2019-2024

Chief Public Health Officer's Report July 2018 – June 2020

South Australian Health and Wellbeing Strategy 2020 - 2025

Wellbeing SA Strategic Plan 2020 – 2025

Country SA PHN (Public Health Network) Needs Assessment Report 2022 – 2025

Eyre and Far North Local Health Network Strategic Plan 2020-2025

City of Port Lincoln Strategic Directions Plan 2021-2030

District Council of Lower Eyre Peninsula Strategic Plan 2020-2030

District Council of Tumby Bay Strategic Plan 2020-2030

City of Port Lincoln Reconciliation Action Plan July 2021 – December 2022

City of Port Lincoln Disability Access and Inclusion Plan 2021 – 2025

District Council of Lower Eyre Peninsula Disability Access and Inclusion Plan 2021

District Council of Tumby Bay Disability Access and Inclusion Plan 2020

Bushfire Management Area Plan Lower Eyre Peninsula

District Council of Lower Eyre Peninsula Emergency Management Plan



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Data: The reviewed plan has drawn on advice and resources from SA Health, the Chief Public Health Officer, broader agencies and sectors, the Local Government Association of South Australia (LGA SA) and other organisations from across South Australia and Australia. Data has also been specifically used from the region's report by the Public Health Information Development Unit (PHIDU) at the University of Adelaide, and the Country SA Public Health Network Needs Assessment Report 2022-2025.

Prepared by Southern Eyre Peninsula Councils

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City of Port Lincoln

plcc@plcc.sa.gov.au

(08) 8621 2300



District Council of Tumby Bay

dctumby@tumbybay.sa.gov.au

(08) 8688 2101



Lower Eyre Council

mail@dclep.sa.gov.au

(08) 8676 0400