

12.6. DRAFT SOUTHERN EYRE PENINSULA REGIONAL PUBLIC HEALTH PLAN COMMUNITY CONSULTATION REPORT

REPORT INFORMATION	
Report Title	Draft Southern Eyre Peninsula Regional Public Health Plan Community Consultation Report
Records Reference	9.24.1.2 REP2360
Organisational Unit	Corporate & Community
Responsible Officer	Manager Community, Culture & Recreation - Helena Jones
Report Attachment/s	Yes Attachment 10 N239066 DRAFT SOUTHERN EYRE PENINSULA REGIONAL PUBLIC HEALTH PLAN SUBMISSIONS REPORT N239065 FINAL DRAFT SOUTHERN EYRE PENINSULA REGIONAL PUBLIC HEALTH PLAN 2023–2028
REPORT PURPOSE	
The purpose of this report is to provide Council with the Draft Southern Eyre Peninsula Regional Public Health Plan Community Consultation Report, including the submissions received during the public consultation period and present a revised version of the Draft Southern Eyre Peninsula Regional Public Health Plan 2023–2028 for adoption and final endorsement by the Chief Public Health Officer.	
REPORT DECISION MAKING CONSIDERATIONS	
Council Role	Lead - Lead on behalf of the community; support community initiatives
Strategic Alignment	SDP GOAL: Goal 2: Liveable and Active Communities SDP ACTION: 3.3 Advocate for regional co-operation and promote the voice of the community in regional, state and national forums
Annual Business Plan	ABP INITIATIVE: Not Applicable ABP PROJECT: Not Applicable
Legislation	Local Government Act 1999
Policy	Public Consultation & Community Engagement 2.63.1
Budget Implications	As per approved budget
Risk Implications	Not Applicable
Resource Implications	Not Applicable
Public Consultation	Yes - Mandatory
	The community were invited to make submissions regarding the Draft Regional Public Health Plan 2023-2028 via Council's YourSay portal or in writing between 2 March 2023 to 23 March 2023.

IAP2 Commitment	CONSULT - We will keep you informed, listen to and acknowledge concerns and aspirations, and provide feedback on how public feedback input has influenced the decision.
OFFICER'S RECOMMENDATION	
<p>That Council:</p> <ol style="list-style-type: none">1. Receive and note the submissions received during the Draft Southern Eyre Peninsula Regional Public Health Plan 2023–2028 community consultation process as presented as an attachment to this report;2. Having regard to the process undertaken, is satisfied the community consultation has met the requirements of Council's Public Consultation & Community Engagement Policy;3. Adopt the Southern Eyre Peninsula Regional Public Health Plan 2023–2028 as presented as an attachment to this report for final authorisation to be given by the Chief Public Health Officer.	

12.6 DRAFT SOUTHERN EYRE PENINSULA REGIONAL PUBLIC HEALTH PLAN 2023-2028 COMMUNITY CONSULTATION REPORT

REPORT DETAIL

This report presents to Council the final draft of the Southern Eyre Peninsula Regional Public Health Plan 2023 – 2028 (SEPRPHP), following the comprehensive review process required for this document every five years by Section 51 (19) of the South Australia Public Health Act 2011 (the Act), and a standard period of public consultation.

The review was led by the City of Port Lincoln in collaboration with the two partnering Councils, District Council of Tumby Bay and Lower Eyre Council, and considered requirements under the Act for maintaining and updating the SEPRPHP.

The review involved:

- comprehensive research and data analysis
- consultation with member councils
- cross referencing of other Regional Public Health Plans and other relevant State and Regional strategic plans and documents
- realignment of regional actions to match the new State Public Health Plan's four priority areas

The Draft SEPRPHP comprises the following:

- Summary of regional public health planning 2013-2018, and 2018 and beyond
- Summary of the health landscape in Southern Eyre Peninsula
- A regional snapshot detailing key population and demographic data relevant to health and wellbeing
- Strategic direction for the Southern Eyre Peninsula, aligned with the four priority areas of the State Public Health Plan – including both regional, collaborative actions and individual council actions

Community Consultation

Community consultation was undertaken via the City of Port Lincoln's YourSAY online platform from 2 March 2023 to 23 March 2023, and was advertised on radio, social media, website, public notices and newspaper advertising. There was also a link via the MyLocalServices App directing applicants to the YourSay Project website.

During this time, 6 submissions were received through the YourSAY portal, in writing or via email to yoursay@plcc.sa.gov.au. There was one late submission received, which was included in the consultation review.

The submissions have been provided in full, in the attached submissions report (de-identified).

Upon review of the submissions, it has been assessed that the majority of the feedback has already been addressed within the SEPRPHP and within each Council's individual Emergency Management Plans, Disability and Access Inclusion Plans and the City of Port Lincoln's soon to be developed Empowering Our Elders project.

Proposed changes to the Southern Eyre Peninsula Regional Public Health Plan due to the consultation feedback:

1. Addition of diagram to show process of SEPRPHP review, alongside diagram showing process of SEPRPHP development;
2. Additional detail in some sections to clarify Council's role in the issues of homelessness and housing stress;
3. Minor additions to regional collaborative and individual council actions such as:
 - expanding on lists of organisations, programs and initiatives supporting mental health and wellbeing throughout the document;
 - including an action for COPL regarding implementation of the Sport and Recreation strategy; and
 - including an additional action to promote and support initiatives that upskill and educate community to promote better health and wellbeing.
4. Clarifications and minor formatting corrections throughout to improve general readability and comprehension.

The revised Draft SEPRPHP incorporating the recommended changes above has been provided as an attachment to this report with the recommendation that Council adopt the Southern Eyre Peninsula Regional Public Health Plan 2023–2028 as presented.

Following adoption by all three Councils, City of Port Lincoln, Lower Eyre Council and District Council of Tumby Bay, the Southern Eyre Peninsula Regional Public Health Plan 2023 – 2028 will be provided to the Chief Public Health Officer for final approval.



ATTACHMENT 10

REPORT 12.6

N239066

**DRAFT SOUTHERN EYRE PENINSULA
REGIONAL PUBLIC HEALTH PLAN
SUBMISSIONS REPORT**

N239065

**FINAL DRAFT SOUTHERN EYRE
PENINSULA REGIONAL PUBLIC
HEALTH PLAN 2023-2028**



Project Name : Draft Southern Eyre Peninsula Regional Public Health Plan 2023 - 2028

Powered By : Engagement Hub

Reporting Period: 01 March 2023 - 23 March 2023

Project Overview

A new outlook for public health *Southern Eyre Peninsula*

The City of Port Lincoln, Lower Eyre Council and District Council of Tumby Bay invite feedback from the community on its draft Southern Eyre Peninsular Regional Public Health Plan 2023 - 2028. In accordance with the SA Public Health Act 2011, the plan outlines the role of councils in health protection in the Southern Eyre Peninsula region.

Responding to a very changed health and wellbeing landscape in recent years, the three councils have released the new Regional Public Health Plan to guide their communities over the next 5 years.

The region's first plan was released in 2015. This revision has been updated to include current population and health data, to align with the State's current priorities for public health, and outline the actions and strategies our region's Councils plan to take during the next five years to strive for better health and wellbeing for our communities.

Recognising the challenges and changes forced upon communities by the global COVID-19 pandemic, as well as the effects of financial and cost-of-living pressures upon community members' health and wellbeing, the health plan is a dynamic and relevant document.

Your feedback will be appreciated. The simplest way to give your feedback is here on the City of Port Lincoln's YourSay portal - type your feedback into the fields to the right or upload a document.

Alternatively, hard copies of the draft plan will also be available at the offices of the City of Port Lincoln, Lower Eyre Council and District Council of Tumby Bay, and you can submit feedback by post or in person.

All submissions need to be received by Council by 5pm on Thursday 23 March 2023.

Report generated on 23 March 2023

Submissions Form Tool Activity**Number of Submissions : 6**

Respondent	Subject	Description	Attachments
1	SEPRPHP from PLSSA	The Port Lincoln Soccer & Sporting Association Inc. support the initiatives in the draft. In particular, we see our sport as aligning with the priorities of PROMOTE (build stronger communities and healthier environments, and PROGRESS (strengthen the systems that support public health and wellbeing).	-
2	Empowering Lower Eyre Suicide Prevention Network	Hello, after reading the article, I noticed that under Council action for this priority on page 23 section 2. "Support initiatives and partner with mental health networks such as Mentally Fit EP and Beacon of Hope Tumby Bay Wellness Group to build community capacity in mental wellbeing and suicide prevention." That Empowering Lower Eyre Suicide Prevention Network is not included! Can this please be included?	-
3	Public Health Plan	There is a serious lack of mental health services in Port Lincoln which are affordable for people on a low income. Personally, I have suffered mental health issues for most of my life. I have been diagnosed with 4 separate conditions. A couple of years ago I had a crisis and was suicidal. I spoke to a doctor who just prescribed a sleeping pill. I was desperate so I spoke to a pharmacist who sent me to the hospital to A and E. She called ahead to tell them I was coming. When I arrived the nurse laughed at me and knew nothing about the pharmacists referral. The nurse said I was supposed to go to the west wing. When I got there I was not able to speak to anyone and was sent home with a business card. I realized I was on my own and had to help myself survive. Later another crisis happened and I saw a different doctor. The doctor said his wife was a therapist so it would be a conflict of interest if he referred me anywhere. He told me to research and find the help on my own. That	-

Report generated on 23 March 2023

Respondent	Subject	Description	Attachments
		appointment cost me around \$40. I have a disability and living in poverty. I have a pension card and a health care card, but I can't get an appointment bulk billed. The therapy I require is not provided in Port Lincoln. My only chance is to go to Adelaide or perhaps do it online, but it would be at my own expense and I can't afford it. So I have to struggle every day to work part time in pain, with mental health issues, try to raise my children, try to build friendships and relationships which are impossible because I don't have any idea how to have a healthy relationship after serious lifelong abuse and torture of every kind. Something needs to be done! I am an intelligent, good person who wants a peaceful happy and fulfilling life for myself and my children. I just want a chance to recover from my CPTSD, BPD, anxiety and depression. I am mostly ok because I have had to be, but when something bad happens to me I need support and it's just not there. Thankfully my suicide attempt was unsuccessful this time and my beautiful children still have a mum.	
4	Feedback Regional Public Health Plan 2023 - 28	Feedback from LEC resident	Attachment 1 - Page 5
5	Draft Southern Eyre Peninsula Regional Public Health Plan	Good morning, please find our feedback for the Draft Southern Eyre Peninsula Regional Public Health Plan 2023-2028 attached within this email. Thank you for your time.	Attachment 2 – Pages 6-7

Respondent	Subject	Description	Attachments
6	Southern Eyre Peninsula Public Health Plan 2023-2028 Consultations	<p>Please find attached the Carers SA submission to the Southern Eyre Peninsula Public Health Plan.</p> <p>Carers SA is providing services and supports to unpaid family and friend Carers (Carers) across the Eyre Peninsula and South Australia.</p> <p>Thank you for the opportunity to provide suggestions to strengthen community health and wellbeing and provide insights from the viewpoint of Carers living on the Eyre Peninsula.</p> <p>Please feel free to contact me in case you have any question regarding this submission, or if you wish to access additional information, or resources for Carers living in your Councils' areas.</p>	Attachment 3 – Pages 8-13

Feedback to Draft Southern Eyre Regional Public Health Plan 2023 – 2028

The Plan is a readable format and informative document.

I appreciate the front cover photograph, and other graphics encourage readers to absorb the text.

On page 5 the mayors' signatures are given and should have their names printed as well.

In the Health Landscape the "rebalancing" statement is to be commended and is likely to be critical for the next 5 years of the Plan, in promoting healthier living and wellbeing of our residents.

The Snapshot of the Region statistics give a strong portrayal of our southern EP region, and the detail is a valuable indication of the region. However, the population of 23,297 in the introductory paragraph is at odds with the figure of 23,131 below. What has happened to the shortfall of 166 people? This discrepancy makes me doubt the accuracy of other data given on those pages!! (pages 12 -16)

In the Regional Strategic Directions please include with LEC in Promote section, the Community Library services with their digital literacy program which are being offered and will continue in importance over life of the Plan.

In Protect section, please highlight Communication in Emergency events. When phone contact fails the local response is compromised. Councils should be lobbying the service providers to ensure their infrastructure is maintained – especially after previous experiences pinpoint the issues. Several months ago, a power failure in Cummins led to NBN failure because the backup battery in the tower was not working. This impacted business and resident connection and created angst within the community. The provider needs to assure all customers that they maintain their infrastructure to avoid simple matters such as running out of battery!

In Regional collaboration section, under Progress, identifying the "alliance" and "common purpose framework for key strategic matters" should state the inclusion of sustaining medical services. Recruitment of doctors and medical professionals is critical and will be important throughout the life of the Plan. While it could be seen as responsibility of SA Health and not Councils, the reality is that Councils are having to get involved in this for the sake of their communities. If we lose the strength in those medical services then the Public Health sector will need to do much more, and our residents will severely impacted.

21st March, 2023

RE: SUBMISSION - Draft Southern Eyre Regional Public Health Plan 2023-2028 Feedback

Dear City of Port Lincoln, Lower Eyre Council and District Council of Tumby Bay,

We thank you for the opportunity to give feedback on the Southern Eyre Regional Public Health Plan 2023-2028 Draft. On behalf of the Suicide Prevention Networks in the region we have met and discussed the document and have some comments and queries relating to the content.

When referring to the priority areas, we discussed the possibility of promoting '...stronger, **resilient, connected** communities...' in the *Promote* priority area dot point, first appearing on page 7.

Also, when referring to priority area *Prevent* at dot point 3. on pages 7, 8 and 17, we can see that neither mental health or suicide are listed. We suggest that it could be reworded to read as:

'3. Prevent: prevent chronic disease, communicable disease, injury, **ill mental health and suicide.**'

On Page 9 the flow chart refers to 'workshop[ing] with community stakeholders'. We were wondering who these stakeholders were, when and how this was done?

We noticed that there was no snapshot referring to statistics relating to chronic illness on page 15. Do you have data relating to this for our region?

In regards to the *Promote* priority area we discussed the opportunity to foster, promote and/or implement courses/workshops/education such as Mental Health First Aid (local facilitator in Jackie Hibble), ASIST and/or SafeTalk (local facilitators through Centacare), Take Charge of Your Life Internal Psychology course (local facilitators through West Coast Youth and Community Support), QPR Question. Persuade. Refer (free online course, thanks to Country SA PHN). Upskilling and educating community members will promote better health outcomes, as well as more understanding and stronger relationships.

Again, courses/workshops/education could be linked in with the *Protect* priority area. In this area we were happy to see the regional emergency management response. We pondered how there might be support available for mental health after a crisis/trauma in our region? We are good at supporting each other in the moment; is there support after the fact?

In the *Protect* section on page 21, under DCTB's section, dot point 2. It reads as 'partner[ing] with community organisations to investigate potential for a safe refuge facility during emergencies'; is this something that already exists at the RSL? We are not sure whether investigation is needed, when it may be support that is needed.

On page 22, the draft refers to our region being 'empowered to eat well' and that examples of council roles 'encourage healthy eating through policies, programs and targeted promotion'. We would be interested in hearing more about the work you are doing in this space as we were not aware of this and could not see any references in the council actions for the *Prevent* priority on page 23. On this same page we thought you could add *Park Run* to the COPL section. In regards to dot point 3. in the COPL section, we suggest that it could be reworded to read as: 'Support community initiatives and capacity in prevention of suicide, ill mental health, and substance **misuse** (as opposed to abuse), and inspiring better wellbeing.'

We are grateful to have been listed in the *Prevent* priority section in the document. Please add Empowering Lower Eyre Suicide Prevention Network before Mentally Fit EP in the LEC section. Please also move Beacon of Hope in front of Mentally Fit EP in the DCTB section and also correctly name them as Beacon of Hope, Tumby Bay and Districts Wellbeing and Suicide Prevention Group.

In the *Progress* priority section on page 25, we suggest adding 'Mindframe' for consideration of messages. Mindframe supports safe media reporting, portrayal and communication about suicide, mental ill-health, alcohol and other drugs.

After some discussion, we were curious as to where the challenge of Homelessness sits within the public health plan?

The only other feedback we could suggest was adding helplines and links to the final page of the document. This could be in regards to mental health, prostate and breast cancer teams, diabetes support, etc for our region. We are unsure if this is the document for promotion of such support but felt it was worth suggesting.

Thank you again for the opportunity to give feedback. Thank you in advance for your time and consideration of our comments and queries.

Yours Sincerely,



Narelle Biddell
On behalf of
West Coast Youth
& Community Support



Lain Montgomerie
On behalf of
Mentally Fit EP



Chelsea Newcombe
On behalf of
Empowering Lower Eyre
Suicide Prevention Network



Danica Gates
On behalf of
Beacon of Hope,
Tumby Bay and Districts
Wellbeing and Suicide
Prevention Group

22nd March 2023

Carers SA Submission

Southern Eyre Peninsula Public Health Plan 2023-2028

About Carers SA

Carers SA is the main organisation representing the needs and interests of Carers in South Australia and provides a range of services for Carers across the state, including the services of the Carer Gateway. Carers SA is part of a National Network of Carers Associations and a member of Carers Australia as well as a member of the Carer Support Network of South Australia.

Carers provide unpaid care and support to family members and friends who have a disability, mental illness, a chronic condition, terminal illness, an alcohol or other drug issue or who are frail aged. The person they care for may be a parent, partner, sibling, child, relative, friend or neighbour.

Caring is a significant form of unpaid work in the community and is integral to the maintenance of our aged, disability, health, mental health, and palliative care systems. Caring however often comes at a cost to Carers with severe **health and wellbeing consequences**¹ for Carers as well as the caring role impacting **lifelong financial insecurity**².

Facts & Figures:

- There are 2.7 million unpaid Carers in Australia. More than 856,000 Carers are primary Carers.
- South Australia's Carer numbers are estimated at 245,000 and nearly 30,000 Young Carers 24 years or younger.
- Across the **Eyre Peninsula Region (EP)**³, **5,853 Carers** were providing unpaid assistance to a person with a disability, long term illness or old age in 2021. This represents 12.6% of the population aged 15 years and over.

¹ See Report - 2022 Carer Wellbeing Survey, Available via:
https://www.carersaustralia.com.au/wp-content/uploads/2022/10/2022-CWS-Full-Report_221010_FINAL.pdf

² See Report Carers SA – Caring Cost Us, available via
<https://www.carersaustralia.com.au/caring-costs-us>

³ See <https://profile.id.com.au>

- According to Carers living on EP- data extracted from the National Carer Survey 2022,
 - about 1 in 5 Carers reported experiencing severe financial stress over the last 12 months
 - 57.6% of Carers reported feeling socially isolated, (16.9% ‘socially isolated’ plus 40.7% ‘highly isolated’)
 - Only 20% of Carers agree that their caring role is recognised by governments.
- The need for assistance (care) across the region has increased steadily. Aging population care needs were expected. However, there was also a particular sharp increase (55%) between 2016 (n113) and 2021 (n176) in children aged 5-9 year diagnosed with a disability.
- Within the EP region’s Aboriginal Community⁴,
 - 15% care for a person with disability or is frail due to age.
 - 29% are involved in the provision of care for a child/children
 - The region has an exceptionally high population of children aged between 6-15 years old who are 25% of the Aboriginal population. This is above the State or National percentage average for Aboriginal children of that age.
- 2022 National Carer Survey (unpublished data calculations, based on the South Australian data set) Carers living on the EP experience significantly higher stress levels (high to very high stress = **54.2%**) than other Carers in SA (**47.2%**). That of course impacts on a Carers health / mental health / capacity to do well in their caring role and should therefore receive consideration in the Public Health Plan 2023-2038.

Carers SA is listening to Carers. We obtain input from Carers through direct conversations, qualitative research, surveys, forums and round table discussions. The content of this submission is based on our direct work with Carers, feedback from Carers and our involvement with the sector as well as our work on Advisory Committee and working groups. **This submission will provide you with direct access to the actual experiences and voices of Carers**

Carers SA also conveys the voice of Carers to decision makers. Carers SA partnered with SA Health on the development of the SA Health’s Partnering with Carers Policy⁵ and the initial Strategic Plan and Directive followed by supporting its implementation.

The key items in the Policy include:

- early identification and recognition
- Carers are engaged as partners in care
- Carers provide comments and feedback
- Carer friendly workplace
- celebrate Carers during National Carers Week
- staff education and training.

⁴ See Australian Bureau of Statistics 2021 Eyre Peninsula, Census Aboriginal and/or Torres Strait Islander people, <https://abs.gov.au/census/find-census-data/quickstats/2021/ILOC40300201>

⁵ Available via SA Health Website here: [Carers - partnering with you | SA Health](#)

Many of the following recommendations will benefit the wellbeing of the wider **community** as well as Carers, some are specific to assure the Recognition of Carers in accordance with the **South Australian Carers Recognition Act 2005 and its incorporated SA Carers Charter⁶**.

Inclusive Council Policies and Practices

We believe that that the Health System's key Carer policy items in principle also apply within the context of the important work that Councils perform for their communities.

As Carers provide a vital service in maintaining health and wellbeing within family and community, Carers SA recommends that the Councils of the Southern Eyre Peninsula adopt key policies that better support the Recognition of Carers as follows:

Recommendation 1:

As Carers play a vital part in maintaining health and wellbeing within family and community, Carers SA recommends that the Councils of the Southern Eyre Peninsula adopt key policies that support better recognition of Carers as follows:

- Establish or review policies that allow for early identification and recognition of Carers who access Council services*
 - Engage with Carers as Partners in strategies stated in the Southern Eyre Peninsula Public Health Plan 2023-2028*
 - Include Carers as a specific population group in Councils' community consultations and advisory groups.*
 - Identify Council (and associated entities) staff and volunteers who have a caring role and ensure workplace practices and culture are Carer friendly*
 - Provide staff and volunteers with education / training to raise Awareness of Carers.*
 - Celebrate Carers during National Carers Week.*
-

Social and Community Isolation / Transport

Feeling part of a community and a strong social structure is a key component of overall community wellbeing.

As mentioned previously, 57.6% of Carers living on the Eyre Peninsula experience isolation. Isolation in this context does not necessarily refer to remote locations but it is the type of social isolation people feel when they do not feel part of the community around them.

Councils play an important role in combatting this kind of isolation often at the planning stage of new developments or redevelopment projects. Councils have an opportunity to influence the type of community friendly and healthy community environment they wish to provide for their citizens right at the design approval stage.

⁶ SA Carers Recognition Act information and download via: [SA.GOV.AU - Carers' rights and legislation \(www.sa.gov.au\)](https://www.sa.gov.au/legislation)

As a society, we have learned that sprawling housing-only subdivisions are detrimental to the development of healthy community living and population resilience.

Councils can counter balance the trend by ensuring that expanding cities and town planning decision makers take key concepts of liveability as central to their design. This does not only apply to Carers, but to the wider community as well. Accessing basic supplies, schools and open areas that are suitable for community to access services, to gather and share activities should be built into regional centre and town planning designs.

Transport is an issue for the wider community and especially those who cannot easily address their transport needs on their own. For example, transport has been recently identified by the National Seniors Australia's 'Older Australians and Community Survey 2023'⁷ as a key issue that senior citizens wish to be addressed by their Councils.

Carers have listed transport and cost of transport issues as one of the key concerns in their daily life. In the Carers SA regional Transport and Care survey⁸ 67% of the participating Carers reported that they have missed out on important appointments or events due to transport issues.

Only 18% stated that transport was not an issue.

Transport becomes an even more poignant issue, when not a lot of daily supply or services can be reached without the use of a car, or even require the purchase and maintain a second car in the family. It puts tremendous pressure on already tight Carer family budgets. When the ability to access supplies, getting to medical or other appointments, or taking part in social and community activities causes regular concerns or may not even be possible at times due to a lack of available transport, it becomes clear that this negatively influences social participation and community cohesion and ultimately community wellbeing.

Recommendation 2: - Combatting Isolation & Transport Issues

- Ensure future town planning projects are in line with concepts that support the development of liveable, healthy and resilient communities

- Consider introducing or expand on existing affordable community and other transport options for easier access for citizens to key services within a community.

- Assure that service locations, community activities and events planning include equitable access and inclusion consideration.

Services and Resources

Councils as 'Central Resource & Healthy Communities Innovators'

Our world has become extremely information intensive across many offline and online platforms and systems.

In principle, Carers report to us that it is very difficult to know what information or supports are available, where to start a search and what exactly to ask for. It is of course

⁷ National Seniors Australia March 2023 Survey Report available here:

<https://nationalseniors.com.au/uploads/2023-NSA-Community-change-wishlist-two-up.pdf>

⁸ Carers SA – Transport and Care Survey report 2018, available here:

<https://www.carerssa.com.au/wp-content/uploads/2018/12/Carers-SA-Transport-and-Care-Survey-2018-Report.pdf>

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even harder for those Carers and members of the community who for various reasons are not accessing the Internet, or only do so infrequently.

Councils, local libraries and community centres have become important distributors of locally relevant information. However, there is room for further expansion of this important service.

We recommend that the range of information and important links provided about available concessions and services to citizens is extended from its current level and regularly updated. A collaborative effort to design and update a joint approach to such a resource across all three council would benefit the entire population including Carers across the Southern Eyre Peninsula.

Carers are telling us of the substantial negative health and wellbeing impact they are experiencing due to a lack of health and allied health professional and related services operating across the area.

This is an issue that is repeated across the state and nationally and will require long-term cross jurisdiction planning and long-term interventions.

However, this raises potential opportunities for cross Council innovation and

Recommendations 3 – Councils as Central Resource

- Councils develop a joint listing of services and resources for citizens including Carers which list local as well as cross-Councils information and supports communities can access

- Councils take the lead to collaborate with Local Health Networks and others to investigate the feasibility of the provision of a culturally competent ‘roving specialist and allied health team’

collaboration to attract health and allied health service providers to the area permanently or on a regular visiting / mobile basis. A solution may be to encourage and incentivise ‘roving’ specialists across the region. We encourage Councils take the lead to collaborate with Local Health Networks and others to investigate the feasibility of the provision of a culturally competent ‘*health team on wheels*’. Carers reported that especially mental health and paediatric health professionals are particularly needed.

Councils as Healthy Community Capacity Builders

It is important to assure that community centres and councils are culturally friendly places with staff and volunteers that often act as a ‘first sign post’ for community needing to address information, support, health and wellbeing needs.

We also know from our collaborations with the health sector and feedback from Carers, that health literacy and other general healthy life skills training or wellbeing related workshop events are of particular community and health sector interest.

Councils play an important role in the provision of community education and could continue to further expand skills training (for example health literacy training),

interest workshop and event offerings that support the envisaged outcomes stated in the EP Public Health Plan.

It is of particular importance to Carers to assure that such capacity and resilience building events and workshop are facilitated in a culturally sensitive and inclusive way and accessible for people with disability. Ideally, planning considerations would include potential day options for children and adults with disability, those who are ageing and are accessible for people with mobility restrictions.

Recommendations 4 – Councils as Community Capacity Builders

Councils extend their current community education and information activities to further align content and accessibility to the EP Public Health Plan's intended outcomes.

Voices of Carers living in the three Southern EP Councils' areas

Below are some examples of what EP Carers have told us about what is causing them high stress and impacting on their own and family wellbeing. Please note that names have been altered other details were de-identified to protect the privacy of Carers and their families:

- *We have arranged counselling services this year [to help us cope], but here is a 2 months waiting list.*
- *I was as just seen as the child, not even considered as a Carer. Frustrating. [Young Carer about a local health service]*
- *The service [we could get] was good. But No one can help me with finding registered, trained support workers in this area to give me a break.*
- *There are limited or no local services (regional South Australia) and not even any online services.*
- *My [child] is 12 years old, there are no inclusive sporting activities; limited support workers who are experienced, available and suitable for my child's [disability related] needs.*
- *There are not enough Allied Health services for my child - particularly for his behaviour support needs (PBSP; Psychology) but also Occupational Therapy and Speech Pathology.*
- *LegalAid services won't touch most of the things we needed help with, they just refer you on. Actual lawyer services are way out of reach in \$\$\$. And no one else gives a crap.*
- *People ... living in regional and small country towns who do not drive, face severe barriers to accessing appointments, employment and volunteer opportunities, and community events due to lack of transport options.*

Contact:

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DRAFT

Southern Eyre Peninsula

REGIONAL PUBLIC

HEALTH PLAN

2023 - 2028





FIRST NATIONS ACKNOWLEDGEMENT

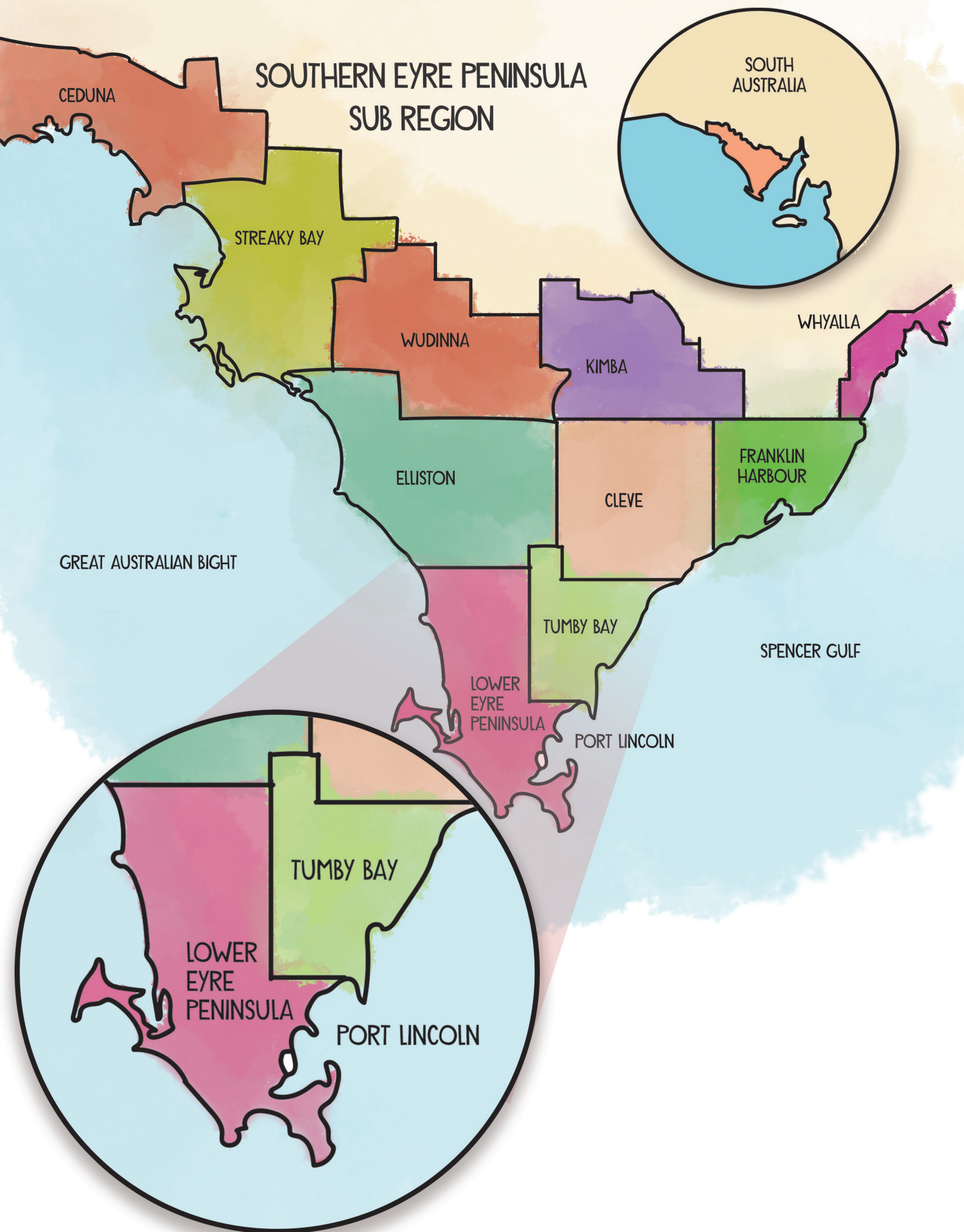
We acknowledge the Traditional Owners of lands on which the Southern Eyre Peninsula region rests, and their continuing connection to land, sea, culture, and community.

We pay our respects to Elders past, present and emerging, and we extend that respect to other Aboriginal and Torres Strait Islander people in our community.

The City of Port Lincoln Reconciliation Action Plan can be found here:

<https://www.portlincoln.sa.gov.au/documents/strategic-plans-and-strategies>





MESSAGE FROM THE MAYORS

We have developed the SEPRPHP to ensure our community's wellbeing is at the forefront of policy and decision-making by all levels of government.

Our councils are committed to the direction and actions within this plan, and to our communities' aspirations for better health and wellbeing into the future.

Our region has a rich natural environment, and a diverse economy with growing industries in aquaculture and mining.

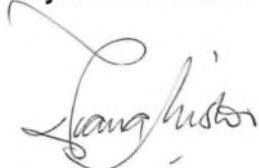
Our communities are cohesive and resilient. Together we have faced drought, devastating bushfires, and the many, diverse impacts of a global pandemic. Distance also remains a challenge in accessing services.

Local government is central to community life. This plan appraises the wide range of services and initiatives our Councils provide and reveals opportunities to improve our community's health and wellbeing.

We will use this plan, and stronger partnerships with state and federal governments, to improve coordination and levels of service delivery and advocate for our community's needs into the future.

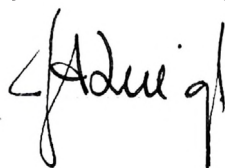
To make a tangible difference, it will require the support of the entire Southern Eyre community. We look forward to partnering with you on this.

Mayor Diana Mislov



City of Port Lincoln

Mayor Jo-Anne Quigley



Lower Eyre Council

Mayor Geoff Churchett



District Council of Tumby Bay



REGIONAL PUBLIC HEALTH PLANNING 2013 TO 2018

In accordance with the SA Public Health Act 2011, local councils prepare and maintain regional public health plans for their areas.

This builds on councils' long-standing role in health protection, as public health authorities for their areas.

The first regional public health plans (2013-2018) were dynamic and diverse, combining aspirational and practical, strategic and operational public health actions.

By their nature, regional public health plans are a point in time snapshot of what local government is doing and delivering at local and regional levels.

All 31 plans, representing the 68 SA local councils, consistently focused on key determinants of health including:

- built and natural environments
- social cohesion and inclusion
- social protection
- climate change
- food and water safety and security
- early childhood
- economic development and local employment
- education and learning
- crime and safety; and
- the cultural determinants of health.

REGIONAL PUBLIC HEALTH PLANNING 2018 AND BEYOND

This Southern Eyre Peninsula Regional Public Health Plan 2023-2028 updates the inaugural plan released in 2015.

It continues a holistic approach, reflecting that responsibility for health is shared by the wider community, government, local organisations and individuals.

The plan is informed by the state of health in our region, emerging trends and priorities, and the South Australian Government's latest State Public Health Plan 2019-2024, which provides framework by which councils can take action to improve the health and wellbeing of their communities. It has four priority areas:

1. **Promote:** build stronger communities and healthier environments
2. **Protect:** protect against public and environmental health risks and respond to climate change
3. **Prevent:** prevent chronic disease, communicable disease and injury
4. **Progress:** strengthen the systems that support public health and wellbeing

By aligning our regional plan with these priorities, we will help improve our community's health and wellbeing, and reduce preventable illness and injury. We also build on the State's vision for a "healthy, liveable and connected community for all South Australians" and support the strategic direction of our three councils.



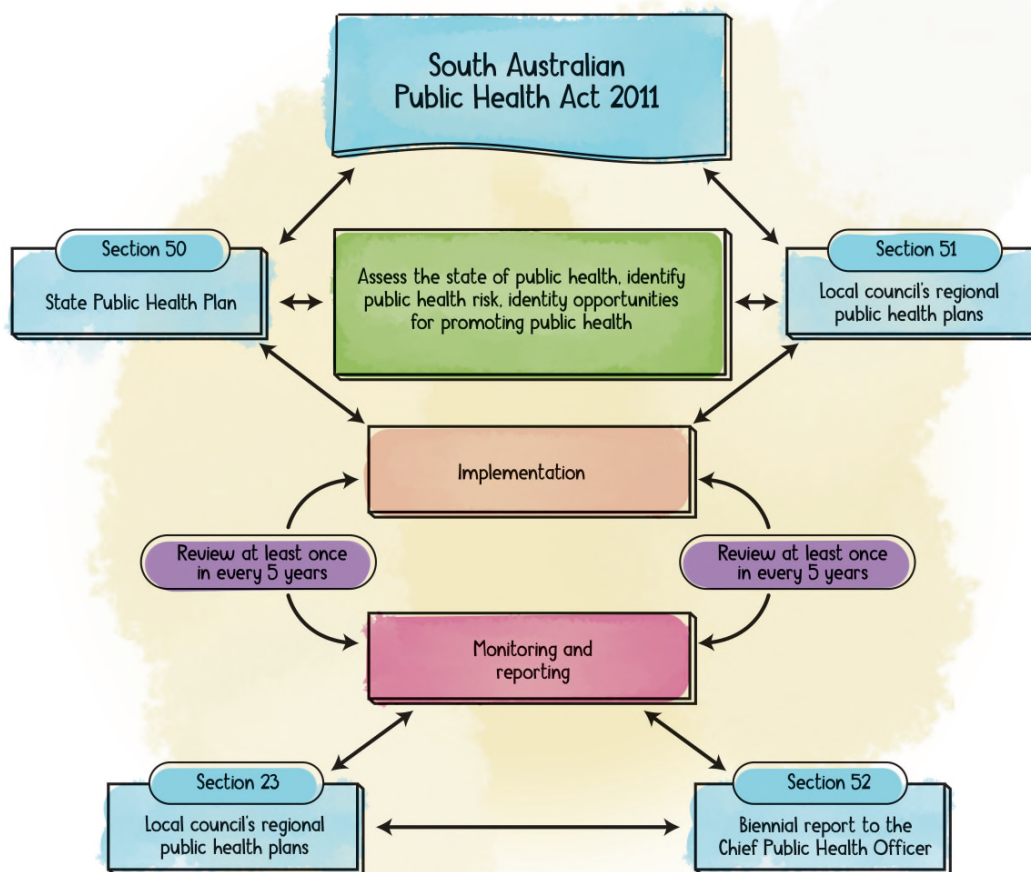


Figure 1 - South Australian Public Health Planning System.
Adapted from the State Public Health Plan with permission from SA Health.

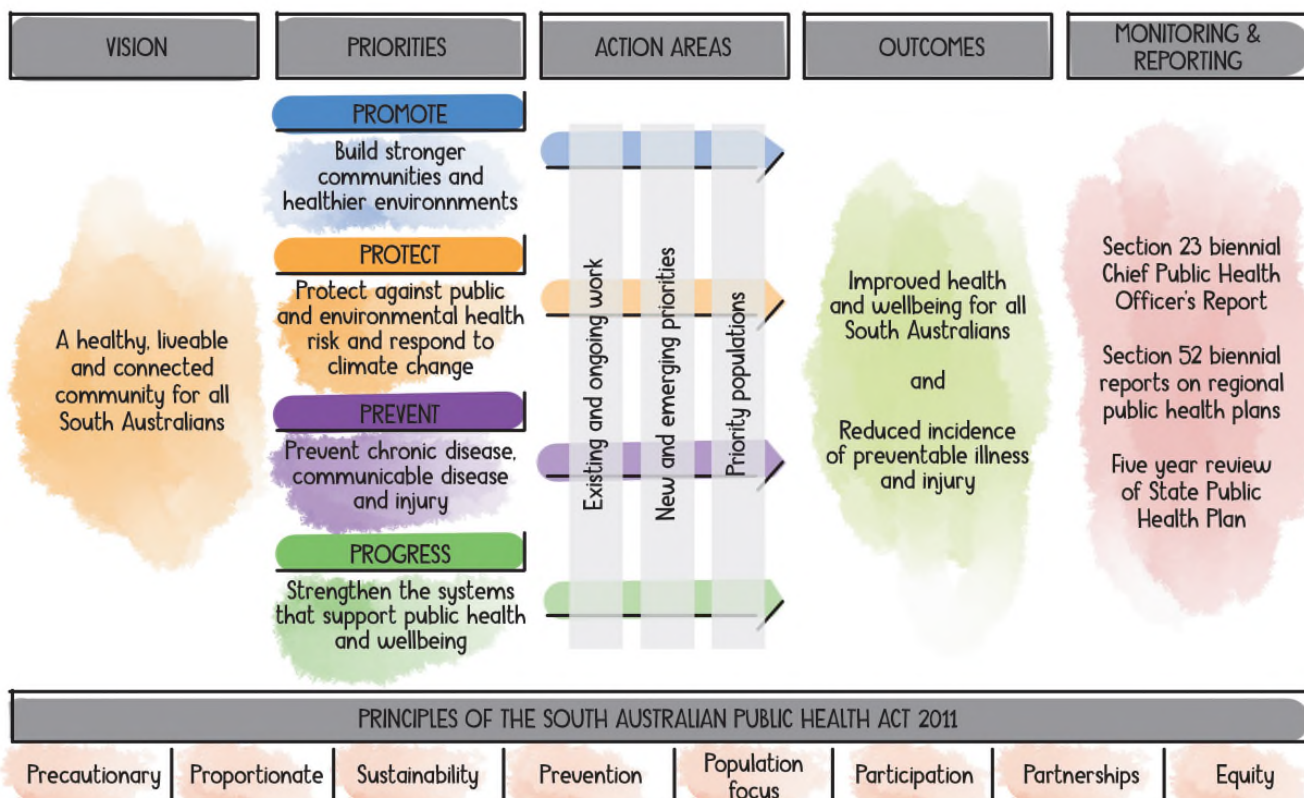


Figure 2 - Framework of the State Public Health Plan 2019-2024.
Adapted from the State Public Health Plan with permission from SA Health.

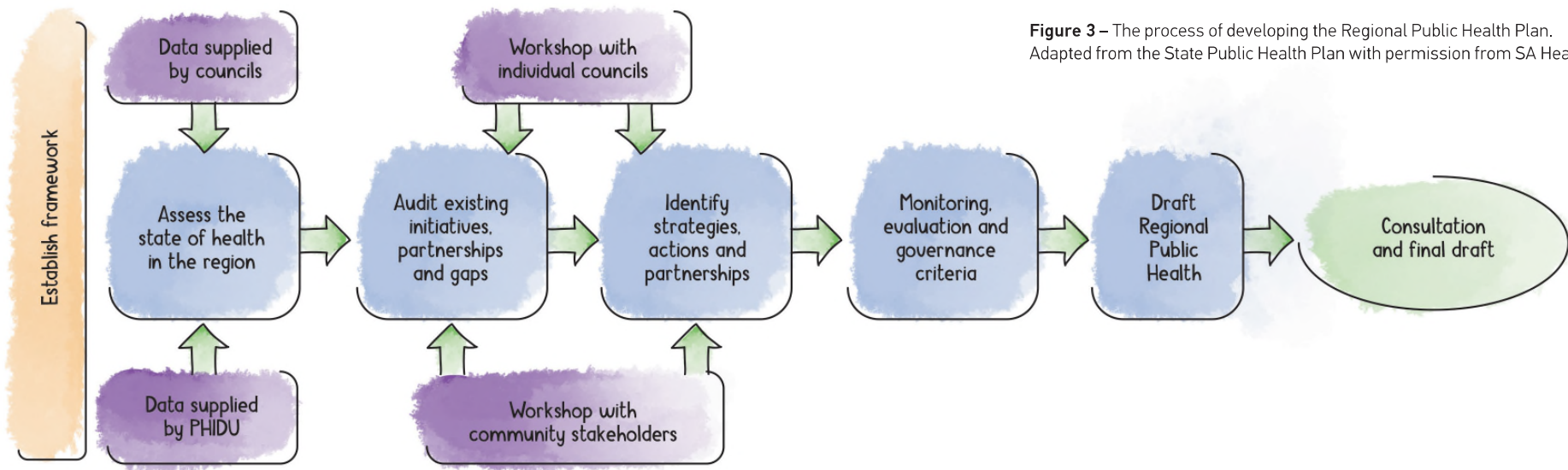


Figure 3 – The process of developing the Regional Public Health Plan.
Adapted from the State Public Health Plan with permission from SA Health.

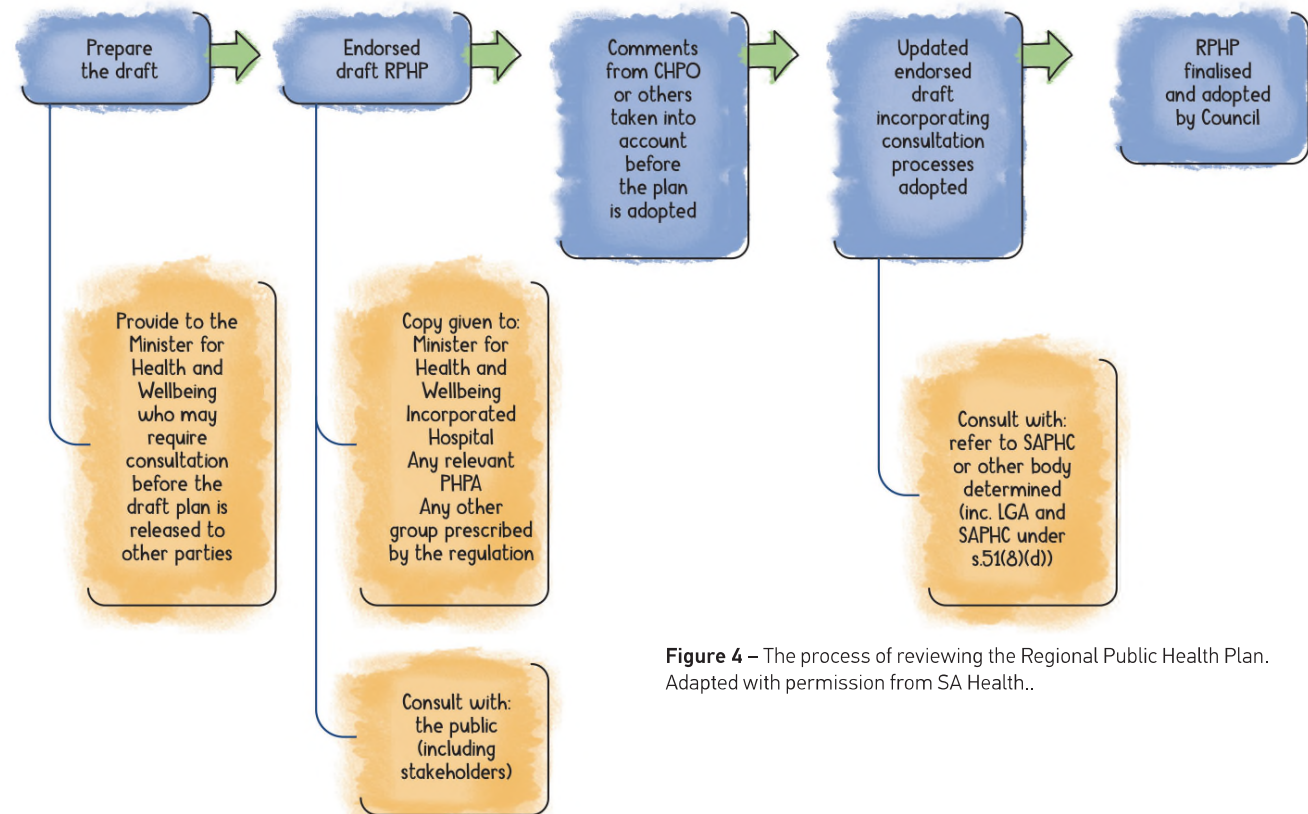


Figure 4 – The process of reviewing the Regional Public Health Plan.
Adapted with permission from SA Health..

THE HEALTH LANDSCAPE: SOUTHERN EYRE PENINSULA

This plan provides a basis for understanding and acting upon factors impacting community health within Southern Eyre Peninsula.





It demonstrates the substantial range of initiatives Councils and other organisations currently undertake to support health and wellbeing in the region. The plan highlights new strategies in promoting and improving health. It also aims to strengthen our Councils' relationships with other sectors and organisations and build new alliances to bring greater focus to the highest priority areas.

Since the first SEPRPHP there have since been significant changes in the landscape of public health. These include the COVID-19 pandemic and its flow on effects, and the establishment of an entirely new State agency representing an increased focus on prevention and holistic health and wellbeing by the public health sector.

Southern Eyre Peninsula communities have responded valiantly to the pandemic, resilience through lockdowns, kindness within community, adaptation by business and organisations to care for their residents.

However, detrimental effects have included social isolation and mental wellbeing concerns, impacts on personal and business finances, employment, travel, and tourism impacts. Learnings from this period will put us in good stead to care for each other and particularly our most vulnerable.

Our communities have also been affected by seasonal employment and industry sector employment changes, and continue to be affected by gambling, alcohol, and drug use.

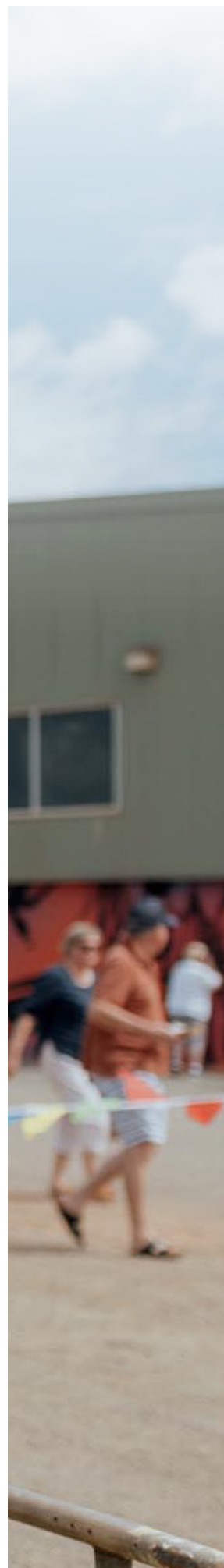
Regional public health plans also recognise vulnerability to significant risks including isolation, unemployment, substance use issues, housing stress and other complex needs. Effective responses to the most vulnerable, means consideration of social, economic and health inequity within local communities with a goal to build resilience, and link people to support networks, services, and resources. Action on social protection has a high emphasis on partnering with other agencies and advocacy.

Wellbeing SA was established in 2020, representing a renewed focus and action on prevention. It will use a broad, population health approach to lead community-wide action on the determinants of health and wellbeing.

A push across the state and national health environment away from chiefly treating people when unwell, to a health and wellbeing system which also promotes physical, mental, and social wellbeing, prevents ill health and supports people to maintain wellbeing and lead healthier lives.

A large part of Wellbeing SA's mandate is working with the State Government and the wider community to reduce rates of suicide – which is the leading cause of death for South Australians aged 15 to 44.

For our region, this “rebalancing” of the priorities of the public health system gives clear scope within this Plan to appraise current initiatives and promote new strategies which support health and wellbeing.



A SNAPSHOT OF THE REGION

The Southern Eyre Peninsula region covers approximately 7400km² with a population of 23,131, most living within the City of Port Lincoln. The region has a mix of coastal and inland communities, and national parks, which contribute to a positive natural

environment promoting physical activity. Residents identify community strength, open space availability and low costs of living as advantages that support health and wellbeing.

OUR POPULATION

23,131

Our population growth rate of 0.85% is below the state rate of 1.25% and below the national population growth rate of 1.72%.

CITY OF
PORT LINCOLN
14,404

DC OF LOWER EYRE
PENINSULA
5,910

DISTRICT COUNCIL
OF TUMBY BAY
2,817

FIRST NATIONS

1,188

(5.1% of the population), higher than SA at 2.39%

CITY OF
PORT LINCOLN
946

DC OF LOWER EYRE
PENINSULA
180

DISTRICT COUNCIL
OF TUMBY BAY
62

OUR AGES AND ABILITIES

Life expectancy
81 YEARS EP

South Australian
median age:
40 YEARS

First Nations
median age:
23 YEARS

Australian
median age:
38 YEARS

CITY OF
PORT LINCOLN
83

LOWER EYRE
COUNCIL
80

DISTRICT COUNCIL
OF TUMBY BAY
81

Percentage of population

Aged 0-19 years

COPL: **23%**

LEC: **25%**

DCTB: **21%**

Aged 65 years plus

COPL: **21%**

LEC: **19%**

DCTB: **31%**

5% of South Australians have a profound or severe disability

COPL: **5.5%**

LEC: **3%**

DCTB: **5.5%**

31% South Australians have at least one long-term health condition

COPL: **29%**

LEC: **26%**

DCTB: **34%**

OUR CULTURE

We come from 39 countries

Speak more than 30 languages

Top languages spoken at home other than English

COPL

Croatian, Tagalog,
Greek, Punjabi,
Italian

LEC

German, Greek,
Telugu, Thai,
Pitjantjatjara

DCTB

German, Italian,
Indonesian, Thai



Follow at least
25
religions



24% of us
volunteer with a
community group



558 of our residents
serve or have served
in defence forces



OUR HOUSEHOLDS

OUR RELATIONSHIPS

46% of South Australians are married, as are 46% of Australians.

42%
COPL

55%
LEC

55%
DCTB

11% of South Australians are de facto, 12% Australia

14%
COPL

15%
LEC

11%
DCTB

OUR ENVIRONMENT

Australian population density:

3.2 people per km²

SA population density:

1.6 people per km²

SEP population density:

163 per km²



488
per km²
COPL

1.2
per km²
LEC

1
per km²
DCTB

COPL	LEC	DCTB
22% 4+ bedrooms	34% 4+ bedrooms	24% 4+ bedrooms
56% 3 bedrooms	47% 3 bedrooms	50% 3 bedrooms
17% 2 bedrooms	14% 2 bedrooms	20% 2 bedrooms
3% 1 bedroom	4% 1 bedroom	4% 1 bedroom
7% no vehicle	1% no vehicle	5% no vehicle
37% have 1 vehicle	22% have 1 vehicle	32% have 1 vehicle
37% have 2 vehicles	43% have 2 vehicles	38% have 2 vehicles
17% have 3+ vehicles	33% have 3+ vehicles	23% have 3+ vehicles

MULTIPLE DETERMINANTS OF HEALTH

Our health and wellbeing is impacted by the social, economic and environment conditions in which we live – the determinants of health. Below are some examples of our region's experiences of them. Other determinants include the influence of built and natural environments, genetic factors, work conditions and environments and access to health care and services.

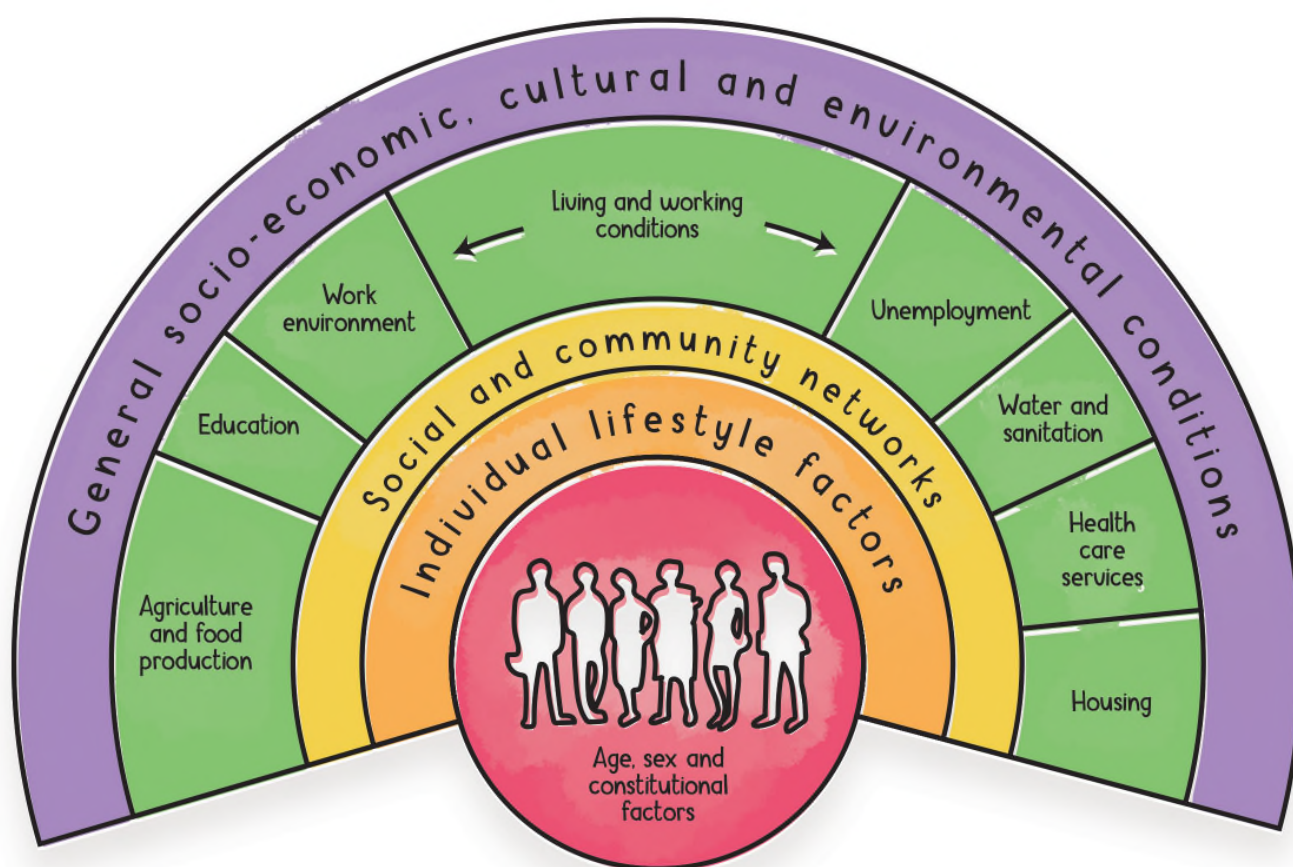


Figure 5 – The determinants of health by Dahlgren and Whitehead 1991.

Graphic adapted from The First Pan European Sociological Health Inequalities Survey of the General Population: The European Social Survey Rotating on the Social Determinants of Health, used and licensed under CC 4.0 International by the City of Port Lincoln.



SOCIAL INCLUSION
AND COHESION

28% of our region's people volunteer formally with an organisation or group.
13% volunteer informally e.g., helping a neighbour with grocery shopping.



EDUCATION AND
LEARNING

49% of SEP residents 20–64 years have a Year 12 or equivalent qualification, compared with 61% of South Australians and 67% of Australians.



HEALTH
CONDITIONS

29% of SEP residents of all ages have reported they have one or more long-term health conditions.



MEDIAN WEEKLY
INCOME

SEP residents have a median weekly income of \$1,243, compared with SA \$1,206 and Australian \$1,438.



EARLY
CHILDHOOD

17% of children were considered developmentally vulnerable in the Australian Early Development Census 2021, compared with 13% in SA and 11% across Australia. This has reduced from 20% in 2018.



MENTAL HEALTH
AND WELLBEING

Mental illness is now the second largest contributor to years lived in ill-health, and nearly half of all South Australians will experience it in their lifetime. Our region is on par with 9.5% of South Australians over 15 years of age having a reported mental health issue such as depression or anxiety – with 8% in Lower Eyre Peninsula, 10% in Port Lincoln and 11% in Tumby Bay.



HOUSING
STRESS

27% of households reported rent payments greater or equal to 30% of household income, compared with 10.2% in SA, and 11.5% in Australia.

10% reported mortgage repayments greater than or equal to 30% of household income, compared with 6.6% in SA and 7.2% in Australia.

HEALTH STATUS IS NOT THE SAME FOR EVERYONE

There is an established connection between social and economic disadvantage and poor health. In broad terms, this means that people who live with disadvantage will experience the poorest health.

Taking action to improve the social determinants of health is necessary to improve the health of vulnerable groups. For this reason, social inclusion and community development is a priority for improving health and wellbeing of the wider community.

Vulnerable people groups include First Nations peoples, those at a socio-economic disadvantage, and those with culturally and linguistically diverse backgrounds. Eyre Peninsula residents are also rural and remote, geographically, which adds another layer of disadvantage.

The Index of Relative Socio-Economic Disadvantage is compiled by the Australian Bureau of Statistics identifies scores below 1000 to reflect greater disadvantage. As at 2018, the Southern Eyre Peninsula region’s score of 968 indicates a similar level of relative disadvantage to the non-metro SA score of 962.

952	1,019	980
COPL	LEC	DCTB

Children in low-income families can be more vulnerable to psychological and social difficulties, behavioural problems, lower self-regulation and elevated physiological markers of distress.



The proportion of children in low income and welfare dependent families varies:

19%	6%	9%	11%	16%
COPL	LEC	DCTB	SA METRO	SA REGIONAL

Education and training can reduce the risk of substance abuse, poverty and risky behaviours. A relatively high proportion of our region’s school leavers go on to attend university.

24%	27%	25%
COPL	LEC	DCTB

Sources: Australian Bureau of Statistics: Census 2016 and 2021; Torrens University Australia PHIDU (Public Health Information Development Unit) Social Health Atlases; Australian Early Development Census 2021.

STRATEGIC DIRECTIONS FOR SOUTHERN EYRE PENINSULA

This section outlines our strategic directions for promoting public health and wellbeing within the City of Port Lincoln, the Lower Eyre Council and the District Council of Tumby Bay.

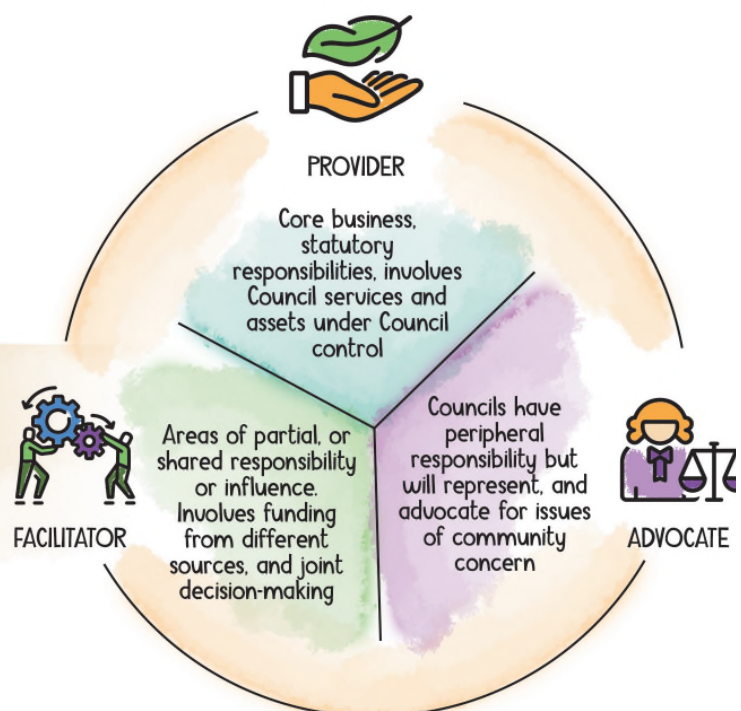
It is aligned to the four priority areas of the State Public Health Plan:

- PROMOTE** - Build stronger communities and healthier environments
- PROTECT** - Protect against public and environmental health risks and respond to climate change
- PREVENT** - Prevent chronic disease, communicable disease and injury
- PROGRESS** - Strengthen the systems that support public health and wellbeing

Strategies in this plan are based on the region's state of health as reflected in reliable data (see acknowledgements on page 2) and consultation with Council representatives and community organisations.

The following initiatives support public health and wellbeing and demonstrate the substantial contribution made to public health promotion by councils, community organisations and government agencies. They reflect public health priorities for our region and how councils plan to address them in the future.

The roles of Council in public health





PROMOTE

build stronger communities and healthier environments

This priority area recognises the role of local government in promoting physical environments for healthy lifestyles and wellbeing through collaborative and vibrant environments.

In our region we can all:

- feel safe, healthy, well, supported and valued
- be welcomed, connected and participate in community life
- enjoy community support structures to support resilience and wellbeing

Examples of council roles in this goal:

- Plan for disability access and inclusion
- Advance reconciliation and unity within communities
- Support older people to live well
- Foster positive engagement of youth
- Champion active citizenship and volunteering
- Support community events
- Provision of community grants
- Facilitate programs to support and improve digital literacy and access to resources
- Maintain libraries, community centres, other social infrastructure and programs



Our regional collaboration actions for this priority are:

Action	Looks like
Regional collaboration on improved walking trails and camping	<ul style="list-style-type: none"> Continue collaborative involvement with Regional Development Australia Eyre Peninsula and Eyre Peninsula councils to improve networks of outdoor recreational facilities and trails for walking and cycling
Support all people to live well within their communities	<ul style="list-style-type: none"> Investigate further development of Ageing Well strategies and initiatives Advocate for continued investment and expansion of health and aged care Promote consistent public health and wellbeing initiatives and messaging, in collaboration with relevant stakeholders, with consideration of messages being culturally appropriate wherever possible.

Council actions for this priority

Council	Priority action
COPL	<ol style="list-style-type: none"> Continue to implement Council's Reconciliation Action Plan Implement the Disability Access and Inclusion Plan Develop and implement a Youth Action Plan Develop and implement the Sport and Recreation Strategy to meet community needs and sustainable service levels Promote wellbeing, inclusion, digital literacy and childhood development through programs, activities and services at council facilities such as the Port Lincoln Library, Nautilus Arts Centre and Artheyrea Develop and implement the Volunteer Management Plan Advocate for expansion of dial a ride service to include the whole of Port Lincoln
LEC	<ol style="list-style-type: none"> Implement the Disability Access and Inclusion Plan Maintain youth engagement through Youth Advisory Committee Maintain Community Engagement Strategy and Program with annual meetings and reference groups to involve residents in development, planning and issues of interest Partner with Red Cross on the Creating Connections program to offer increased social engagement and wellbeing for 55+ residents
DCTB	<ol style="list-style-type: none"> Implement the Disability Access and Inclusion Plan Maintain youth engagement through Youth Advisory Committee Facilitate opportunities for training in digital literacy especially for older people Encourage community and council partnership on tourism and events, including training for volunteers such as Town Ambassador program



PROTECT

protect against public and environmental health risks and respond to climate change

We have healthy and safe communities due to the often unseen, but essential public health services that protect us each day. Local government partners with state government to maintain the infrastructure and systems that protect the community against public and environmental health risks.

In our region we:

- Are planning for the long-term impacts of climate change
- Are resilient communities, resourced and planning to respond to and recover from emergencies and disasters such as extreme weather events

Examples of council roles in this goal:

- Climate change adaptation planning and integration
- Energy and water efficient council buildings and facilities
- Emergency management and disaster response planning
- Community education and communication during extreme events
- Manage public health risks such as food and water safety

Our regional collaboration actions for this priority are:

Action	Looks like
Regional climate change planning and institutional collaboration	<ul style="list-style-type: none"> • Support initiatives through the Regional Climate Change Adaptation Plan for Eyre Peninsula • Investigate the implications of potential sea level rise on coastal assets and potential for regional collaboration on controls
Regional emergency management response	<ul style="list-style-type: none"> • Participate and respond to decisions of the Eyre and Western Zone Emergency Management Committee • Share resources to help ensure our community is prepared and knows how to respond in an emergency
Consider a regional approach to sustainable waste management and recycling	<ul style="list-style-type: none"> • Support the development and implementation of regional waste management strategy by the Eyre Peninsula Local Government Association

Council actions for this priority

Council	Priority action
COPL	<ol style="list-style-type: none"> 1. Improve stormwater management including water sensitive urban design (SDP) 2. Develop and implement the Emergency Management Plan 3. Continue to implement bushfire education and prevention programs 4. Develop a Waste Management Strategy including community empowerment and education on resource management 5. Strengthen regional and multi-agency partnerships to support priority environmental health and safety issues such as hoarding and squalor 6. Review Council's carbon footprint and develop an action plan
LEC	<ol style="list-style-type: none"> 1. Maintain and continue training in the Emergency Management Plan 2. Support bushfire safety initiatives in high-risk areas to protect life and property 3. Maintain systems and processes that enable council to support emergency and essential service organisations during emergencies 4. Ensure continuity of service and support to the community during emergencies 5. Maintain awareness of impacts of a changing climate on Council's coastal towns and settlements and take appropriate actions to reduce impacts where resources permit 6. Work with stakeholders to secure reliable electricity supply across the region, including work with proponents of renewable resources in development of proposals that meet the region's needs
DCTB	<ol style="list-style-type: none"> 1. Investigate programs for heatwave and extreme weather that identifies shelter facilities, rolls out care packs for residents, promotes information for safe living under extreme conditions 2. Partner with community organisations to investigate potential for a safe refuge facility during emergencies 3. Investigate options for permanent protection of foreshore infrastructure and coastline environment 4. Continue to implement bushfire education and prevention programs 5. Review and implement the SA Government's Eyre and Western Zone Emergency Management Plan 6. Identify opportunities for adoption of innovative waste management strategies



PREVENT

prevent chronic disease, communicable disease and injury

This priority area speaks to the importance of local strategies that strengthen holistic approaches and partnerships for prevention, and address risk factors of individuals, for example of chronic or lifestyle diseases, and of the broader population, such as infectious diseases, health inequities, access, and treatment.

In our region we:

- Live in safe, engaged and caring communities
- Are empowered to eat well, be active and reduce our individual health risk factors
- Promote the wellbeing of all residents regardless of their circumstances

Examples of council roles in this goal:

- Maintain walking and cycling trails and networks
- Open space, sporting grounds, recreational facilities and playgrounds
- Recreation and sport planning
- Connect people with information and services to prevent harm from smoking, alcohol and drugs
- Encourage healthy eating through policies, programs and targeted promotion
- Create public spaces accessible to all and encourage incidental physical activity
- Minimise impacts of infectious and communicable diseases
- Improve prevention and treatment of mental wellbeing issues in the community

Our regional collaboration actions for this priority are:

Action	Looks like
Regional partnership in promotion of minimising infectious and communicable diseases	<ul style="list-style-type: none"> Support State and Federal Government and other agencies campaigns and initiatives specifically SA Health and the Eyre and Far North Local Health Network, Port Lincoln Aboriginal Health Service, and allied health network Advocate the needs of local communities in broader planning processes and support state emergency management frameworks
Regional collaboration on proactive health promotion	<ul style="list-style-type: none"> Cross promote health and wellbeing initiatives, events, and health promotion activities across local government areas to give residents more opportunities to engage Participate in and support state and regional campaigns and initiatives to reduce harm from alcohol and other drugs
Regional advocacy to support mental health and suicide prevention	<ul style="list-style-type: none"> Advocate collectively for improved access to mental health services in the region

Council actions for this priority

Council	Priority action
COPL	<ol style="list-style-type: none"> Maintain drinking water fountains in open spaces and parks, recreational and shopping precincts, sport and recreational facilities and community spaces Encourage participation by local clubs and associations in Alcohol and Drug Foundation's Good Sports program Support community initiatives and capacity in preventing of suicide, ill mental health and substance abuse, and inspiring better wellbeing Support and advocate for initiatives that promote health and wellbeing outcomes through the Community Grant Funding program Continue to provide education opportunities for community groups on food safety Continue to implement the Port Lincoln Sport and Recreation Strategy.
LEC	<ol style="list-style-type: none"> Promote Empowering Lower Eyre Suicide Prevention Network, Mentally Fit EP and Cummins Our Town projects for mental wellbeing Review the Playground Strategic Plan Support ongoing sustainability of the community-run Cummins Memorial Swimming Pool and explore options for a dedicated public swimming facility at Coffin Bay
DCTB	<ol style="list-style-type: none"> Provide and maintain open space and recreation facilities to cater to diverse community needs Support initiatives and partner with mental health networks such as Beacon of Hope Tumby Bay and Districts Wellbeing and Suicide Prevention Group, Mentally Fit EP, and Empowering Lower Eyre Suicide Prevention Network to build community capacity in mental wellbeing and suicide prevention Support clubs and groups to secure external grant funding for recreation and sport facility upgrades and programs Continue to adopt good design principles that promote inclusion when developing spaces or upgrading facilities.



PROGRESS

strengthen the systems that support public health and wellbeing

Local government plays an important and varied role in shaping local environments to protect the community from public and environmental health risks and injury.

Councils maintain our natural and built assets and ensure sustainability and environmental factors are reflected in council programs and decision-making.

In our region:

- Councils collaborate to deliver regional public health outcomes
- Councils are resourced (OR prepared) to support regional collaboration

Examples of council roles in this goal:

- Seek funding to support regional coordination
- Share resources
- Shared service agreements
- Regional planning
- Linking or adding value to existing successful programs and networks



Our regional collaboration actions for this priority are:

Action	Looks like
Optimise benefits and value from regional models of service delivery	<ul style="list-style-type: none"> Continue joint advancement of shared service opportunities, incorporating Public Health actions Promote consistent public health and wellbeing initiatives and messaging, in collaboration with relevant stakeholders, with consideration of messages being culturally appropriate wherever possible. Investigate potential establishment of an enduring formal 'alliance' or 'common purpose framework' for key strategic matters which are of high strategic importance to the councils and communities within the Southern Eyre Peninsula Liaise with existing programs and networks, for example inter agency collaborative forum Lower Eyre Leadership, and Country North Homelessness Alliance, for which housing stress and homelessness are priority issues.

Council actions for this priority

Council	Priority action
COPL	1. Develop and implement a housing strategy with high level focus on housing stress and homelessness.



WHERE TO FROM HERE?

Each of our councils will monitor its performance and drive its delivery of the key actions identified in this plan.

However, the partnership established to oversee the first plan's development, implementation and maintenance, as well as the reporting and review process, will continue.

The South Australian Public Health Act 2011 provides legal framework for the development of the Regional Public Health Plan, its implementation, two yearly assessment reporting and a five yearly review.

The Southern Eyre Peninsula councils will partner in this two yearly reporting to the Chief Public Health Officer, and review the Plan's contention and direction every five years. The next review will be due in 2028.

RELEVANT LEGISLATION AND DOCUMENTS

South Australian Public Health Act 2011

State Public Health Plan 2019-2024

Chief Public Health Officer's Report July 2018 – June 2020

South Australian Health and Wellbeing Strategy 2020 - 2025

Wellbeing SA Strategic Plan 2020 – 2025

Country SA PHN (Public Health Network) Needs Assessment Report 2022 – 2025

Eyre and Far North Local Health Network Strategic Plan 2020-2025

City of Port Lincoln Strategic Directions Plan 2021-2030

District Council of Lower Eyre Peninsula Strategic Plan 2020-2030

District Council of Tumby Bay Strategic Plan 2020-2030

City of Port Lincoln Reconciliation Action Plan July 2021 – December 2022

City of Port Lincoln Disability Access and Inclusion Plan 2021 – 2025

District Council of Lower Eyre Peninsula Disability Access and Inclusion Plan 2021

District Council of Tumby Bay Disability Access and Inclusion Plan 2020

Bushfire Management Area Plan Lower Eyre Peninsula

District Council of Lower Eyre Peninsula Emergency Management Plan



ACKNOWLEDGEMENTS

Development: The City of Port Lincoln, Lower Eyre Council and District Council of Tumby Bay worked collaboratively to develop the first Regional Public Health Plan for the Southern Eyre Peninsula region (2015-2020) under the South Australian Public Health Act, 2011, and to generate this second review.

Data: The reviewed plan has drawn on advice and resources from SA Health, the Chief Public Health Officer, broader agencies and sectors, the Local Government Association of South Australia (LGA SA) and other organisations from across South Australia and Australia. Data has also been specifically used from the region's report by the Public Health Information Development Unit (PHIDU) at the University of Adelaide, and the Country SA Public Health Network Needs Assessment Report 2022-2025.

Prepared by Southern Eyre Peninsula Councils

RM: N2211149 11.20.1.1

Cover image: Memory Cove by Carly Kruger, 2020.



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