

**12. COUNCIL REPORTS FOR DECISION**

**12.1. ADOPTION OF SOUTHERN EYRE PENINSULA REGIONAL PUBLIC HEALTH PLAN 2023-2028**

| REPORT INFORMATION  |   |        |             |                  |        |  |  |  |
|---|---|--------|-------------|------------------|--------|--|--|--|
| <b>Report Title</b>   | Adoption of Southern Eyre Peninsula Regional Public Health Plan 2023-2028   |        |             |                  |        |  |  |  |
| <b>Document ID</b>  | 9682  |        |             |                  |        |  |  |  |
| <b>Organisational Unit</b>  | Corporate & Community   |        |             |                  |        |  |  |  |
| <b>Responsible Officer</b>  | Manager Community, Culture & Recreation - Helena Jones  |        |             |                  |        |  |  |  |
| <b>Report Attachment/s</b>  | Yes Attachment 2<br>7196 Southern Eyre Peninsula Regional Public Health Plan Endorsed by Professor Nicola Spurrier, Chief Public Health Officer<br>7200 Southern Eyre Peninsula Regional Public Health Plan 2023-28 Final Draft   |        |             |                  |        |  |  |  |
| REPORT PURPOSE  |   |        |             |                  |        |  |  |  |
| The purpose of this report is for Council to review and adopt the Southern Eyre Peninsula Regional Public Health Plan 2023-28 Final Draft, following final advice from the Chief Public Health Officer that it meets planning requirements under the SA Public Health Act 2011. |   |        |             |                  |        |  |  |  |
| REPORT DECISION MAKING CONSIDERATIONS   |   |        |             |                  |        |  |  |  |
| <b>Council Role</b>   | Lead - Lead on behalf of the community; support community initiatives   |        |             |                  |        |  |  |  |
| <b>Strategic Alignment</b>  | SDP GOAL: Goal 2: Liveable and Active Communities<br>SDP ACTION: 3.3 Advocate for regional co-operation and promote the voice of the community in regional, state and national forums   |        |             |                  |        |  |  |  |
| <b>Annual Business Plan 2023/24</b>   | ABP INITIATIVE: Not Applicable<br>ABP PROJECT: Not Applicable   |        |             |                  |        |  |  |  |
| <b>Legislation</b>  | Local Government Act 1999   |        |             |                  |        |  |  |  |
| <b>Policy</b>   | Not Applicable  |        |             |                  |        |  |  |  |
| <b>Budget Implications</b>  | As per approved budget<br><br><table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%;">DESCRIPTION</th> <th style="width: 25%;">BUDGET AMOUNT \$</th> <th style="width: 25%;">YTD \$</th> </tr> </thead> <tbody> <tr> <td> </td> <td> </td> <td> </td> </tr> </tbody> </table> Budget assessment comments: |        | DESCRIPTION | BUDGET AMOUNT \$ | YTD \$ |  |  |  |
| DESCRIPTION   | BUDGET AMOUNT \$  | YTD \$ |             |                  |        |  |  |  |
|   |   |        |             |                  |        |  |  |  |
| <b>Risk Implications</b>  | Not Applicable  |        |             |                  |        |  |  |  |
| <b>Resource Implications</b>  | Not Applicable  |        |             |                  |        |  |  |  |

|   |   |
|---|---|
| <b>Public Consultation</b>  | Yes - Mandatory   |
| <b>IAP2 Commitment</b>  | CONSULT - We will keep you informed, listen to and acknowledge concerns and aspirations, and provide feedback on how public feedback input has influenced the decision. |
| <b>OFFICER'S RECOMMENDATION</b>   |   |
| <p>That Council:</p> <ol style="list-style-type: none"> <li>1. Receive and note advice from the Chief Public Health Officer that the Southern Eyre Peninsula Regional Public Health Plan 2023-28 meets requirements under the South Australia Public Health Act 2011;</li> <li>2. Adopt the Southern Eyre Peninsula Regional Public Health Plan 2023-28.</li> </ol> |   |



**ATTACHMENT 2     7196**

**REPORT 12.1     SOUTHERN EP REGIONAL PUBLIC  
HEALTH PLAN ENDORSED BY PROF  
NICOLA SPURRIER, CHIEF PUBLIC HEALTH  
OFFICER**

**7200**

**SOUTHERN EYRE PENINSULA REGIONAL  
PUBLIC HEALTH PLAN 2023-28 FINAL  
DRAFT**



Ref: A5183493

Ms Amy Williams  
Community, Culture, and Recreation Project Officer  
City of Port Lincoln  
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PORT LINCOLN SA 5606  
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**Chief Public Health Officer  
Public Health Division**

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PO Box 287 Rundle Mall  
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DX 243  
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ABN 97 643 356 590  
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Dear Ms Williams

**RE: THE SOUTHERN EYRE PENINSULA REGIONAL PUBLIC HEALTH PLAN 2023-28**

I write regarding the draft Regional Public Health Plan (RPHP) for the Southern Eyre Peninsula Region. I am pleased to confirm that the draft RPHP meets requirements for planning under the *South Australia Public Health Act 2011*.

I acknowledge that the draft RPHP is a standalone plan for your region, comprising the District Council of Tumby Bay, Lower Eyre Council, and the City of Port Lincoln.

I note that the Plan identifies and prioritises public health risks for your region, including poor mental wellbeing, social isolation, housing stress, and climate change, and prioritises communities with poorer social and health outcomes.

I welcome the strategic directions for public health action and their suite of local area actions for each council. This approach, together with your commitment to continue the Plan's development partnership over its implementation, can only strengthen consistency and collaboration contributing to good public health outcomes in your local government areas and the region as a whole.

Please contact Dr Kirsty Hammet at [kirsty.hammet@sa.gov.au](mailto:kirsty.hammet@sa.gov.au) to discuss any matters relating to my consultation response. We look forward to working with you during implementation.

Yours sincerely

A handwritten signature in black ink, appearing to read 'N Spurrer'.

**PROFESSOR NICOLA SPURRIER**

Chief Public Health Officer  
Public Health Division

20/11/2023

Enc: *Excerpt from Population Health Profile for your region (Population Health Information Development Unit 2019)*

**DRAFT**

*Southern Eyre Peninsula*

**REGIONAL PUBLIC**

**HEALTH PLAN**

**2023 - 2028**





## FIRST NATIONS ACKNOWLEDGEMENT

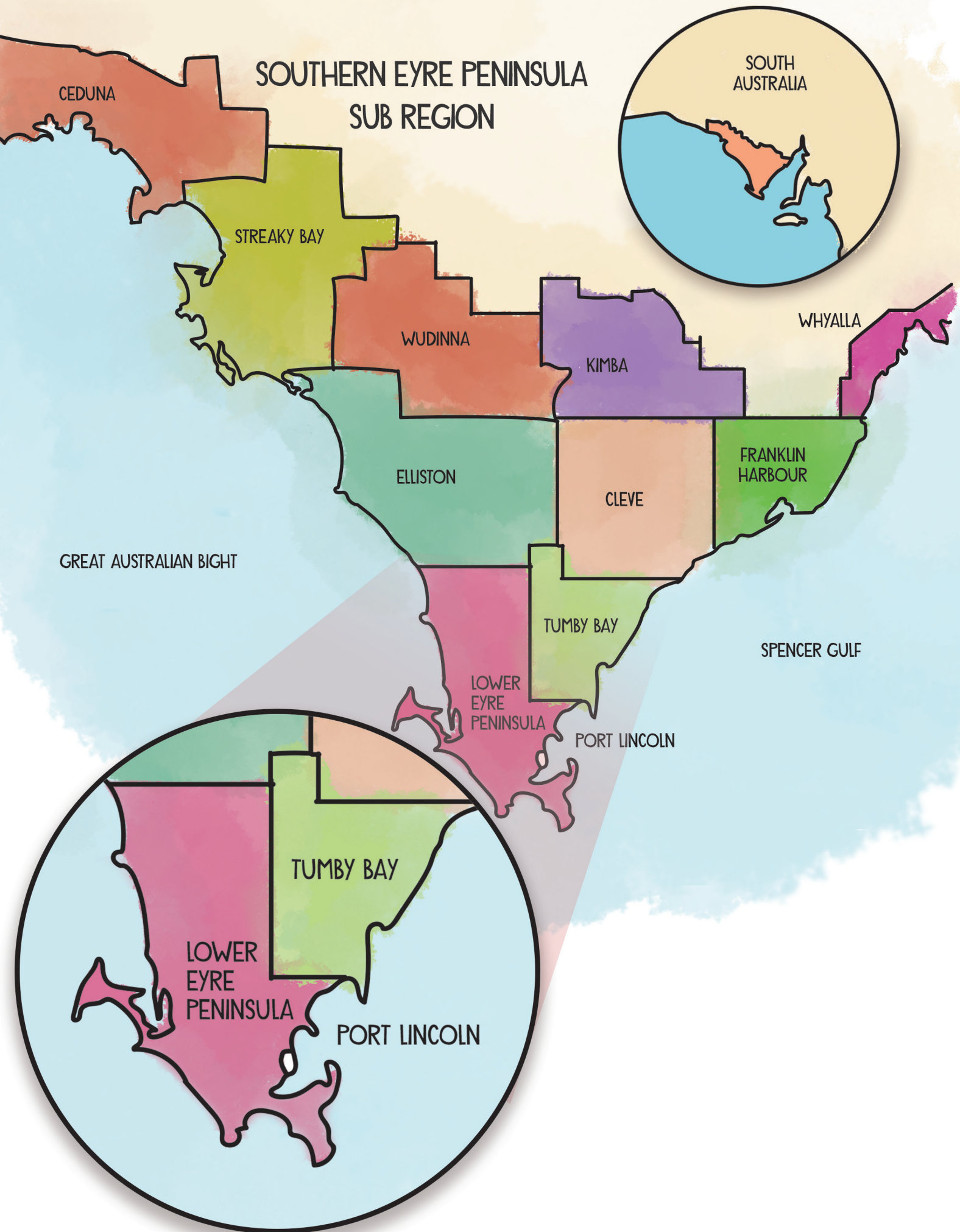
*We acknowledge the Traditional Owners of lands on which the Southern Eyre Peninsula region rests, and their continuing connection to land, sea, culture, and community.*

*We pay our respects to Elders past, present and emerging, and we extend that respect to other Aboriginal and Torres Strait Islander people in our community.*

*The City of Port Lincoln Reconciliation Action Plan can be found here:*

*<https://www.portlincoln.sa.gov.au/documents/strategic-plans-and-strategies>*







# MESSAGE FROM THE MAYORS

We have developed the SEPRPHP to ensure our community's wellbeing is at the forefront of policy and decision-making by all levels of government.

Our councils are committed to the direction and actions within this plan, and to our communities' aspirations for better health and wellbeing into the future.

Our region has a rich natural environment, and a diverse economy with growing industries in aquaculture and mining.

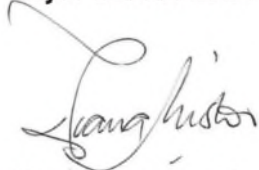
Our communities are cohesive and resilient. Together we have faced drought, devastating bushfires, and the many, diverse impacts of a global pandemic. Distance also remains a challenge in accessing services.

Local government is central to community life. This plan appraises the wide range of services and initiatives our Councils provide and reveals opportunities to improve our community's health and wellbeing.

We will use this plan, and stronger partnerships with state and federal governments, to improve coordination and levels of service delivery and advocate for our community's needs into the future.

To make a tangible difference, it will require the support of the entire Southern Eyre community. We look forward to partnering with you on this.

**Mayor Diana Mislov**



**City of Port Lincoln**

**Mayor Jo-Anne Quigley**



**Lower Eyre Council**

**Mayor Geoff Churchett**



**District Council of Tumby Bay**



# REGIONAL PUBLIC HEALTH PLANNING 2013 TO 2018

In accordance with the SA Public Health Act 2011, local councils prepare and maintain regional public health plans for their areas.

This builds on councils' long-standing role in health protection, as public health authorities for their areas.

The first regional public health plans (2013-2018) were dynamic and diverse, combining aspirational and practical, strategic and operational public health actions.

By their nature, regional public health plans are a point in time snapshot of what local government is doing and delivering at local and regional levels.

All 31 plans, representing the 68 SA local councils, consistently focused on key determinants of health including:

- built and natural environments
- social cohesion and inclusion
- social protection
- climate change
- food and water safety and security
- early childhood
- economic development and local employment
- education and learning
- crime and safety; and
- the cultural determinants of health.

# REGIONAL PUBLIC HEALTH PLANNING 2018 AND BEYOND

This Southern Eyre Peninsula Regional Public Health Plan 2023-2028 updates the inaugural plan released in 2015.

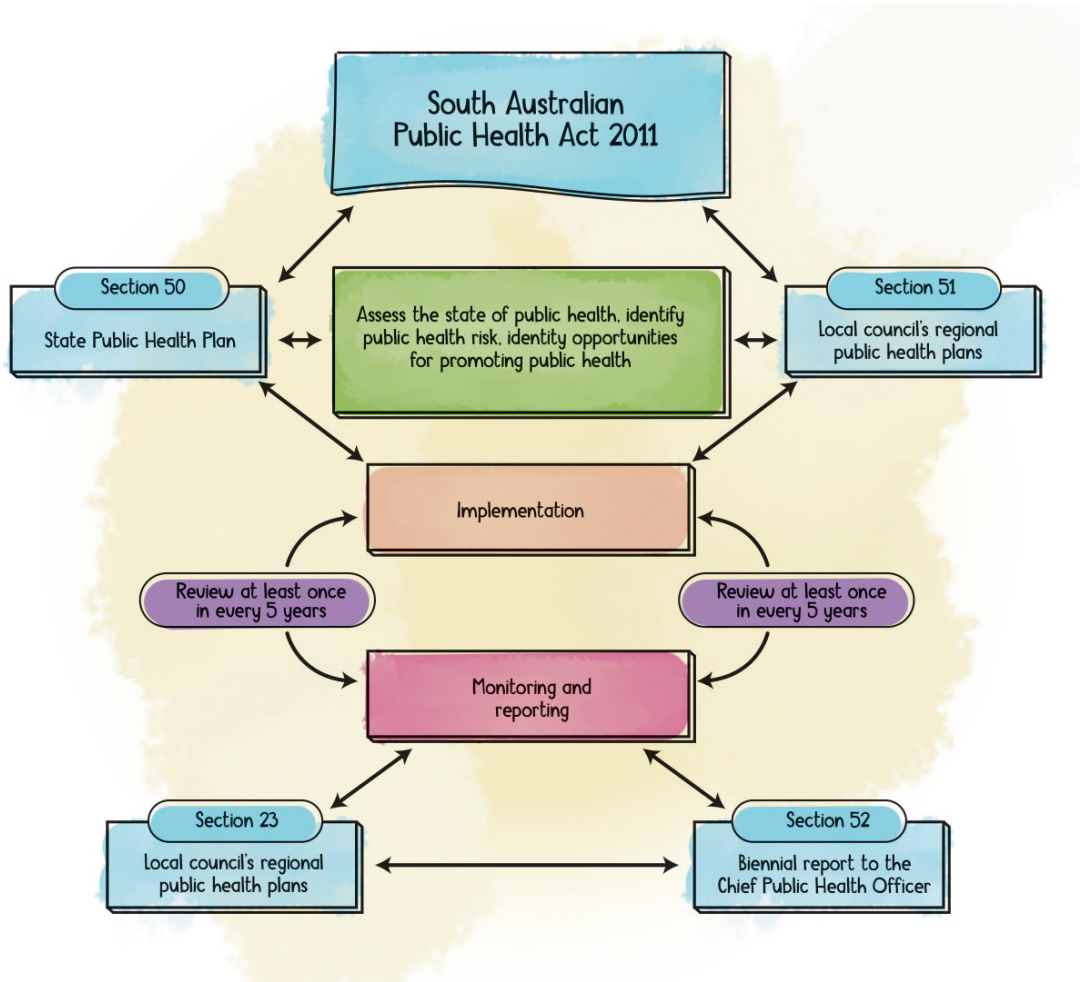
It continues a holistic approach, reflecting that responsibility for health is shared by the wider community, government, local organisations and individuals.

The plan is informed by the state of health in our region, emerging trends and priorities, and the South Australian Government's latest State Public Health Plan 2019-2024, which provides framework by which councils can take action to improve the health and wellbeing of their communities. It has four priority areas:

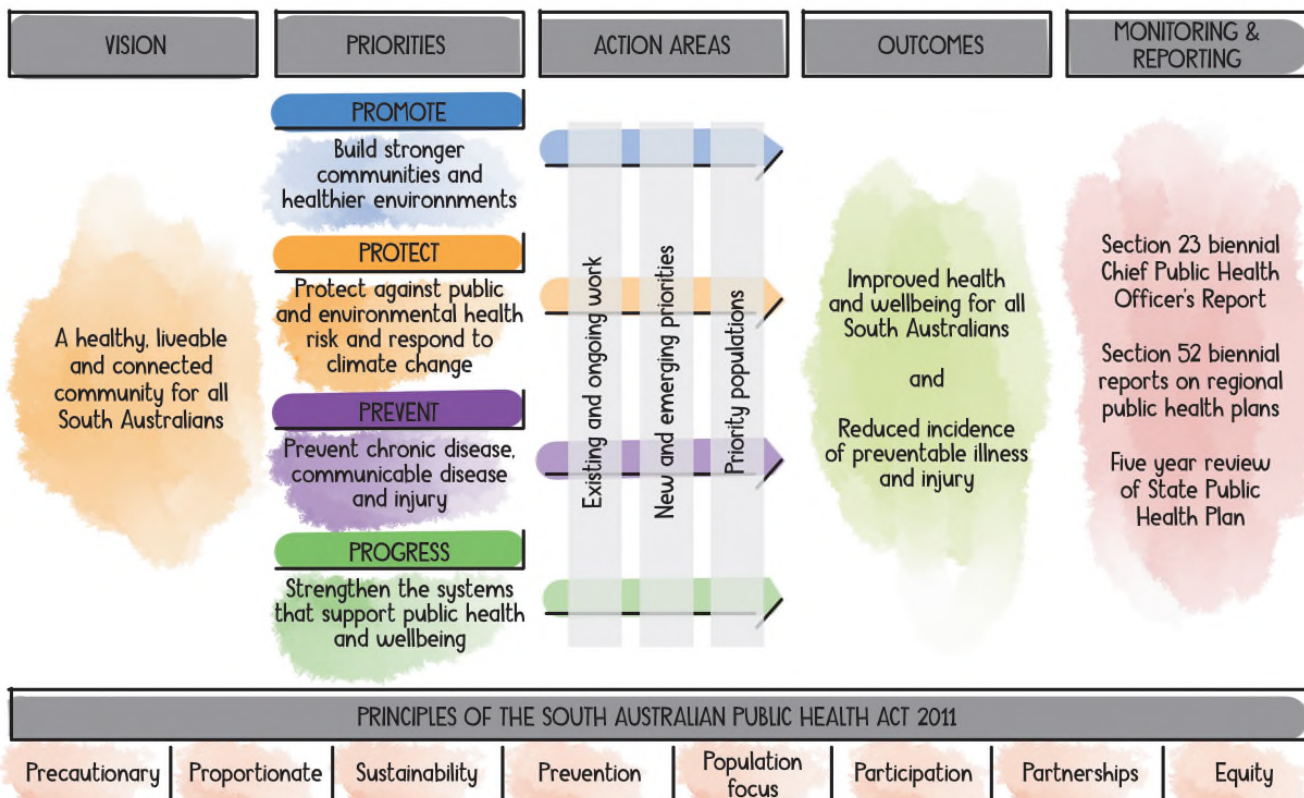
1. **Promote:** build stronger communities and healthier environments
2. **Protect:** protect against public and environmental health risks and respond to climate change
3. **Prevent:** prevent chronic disease, communicable disease and injury
4. **Progress:** strengthen the systems that support public health and wellbeing

By aligning our regional plan with these priorities, we will help improve our community's health and wellbeing, and reduce preventable illness and injury. We also build on the State's vision for a "healthy, liveable and connected community for all South Australians" and support the strategic direction of our three councils.



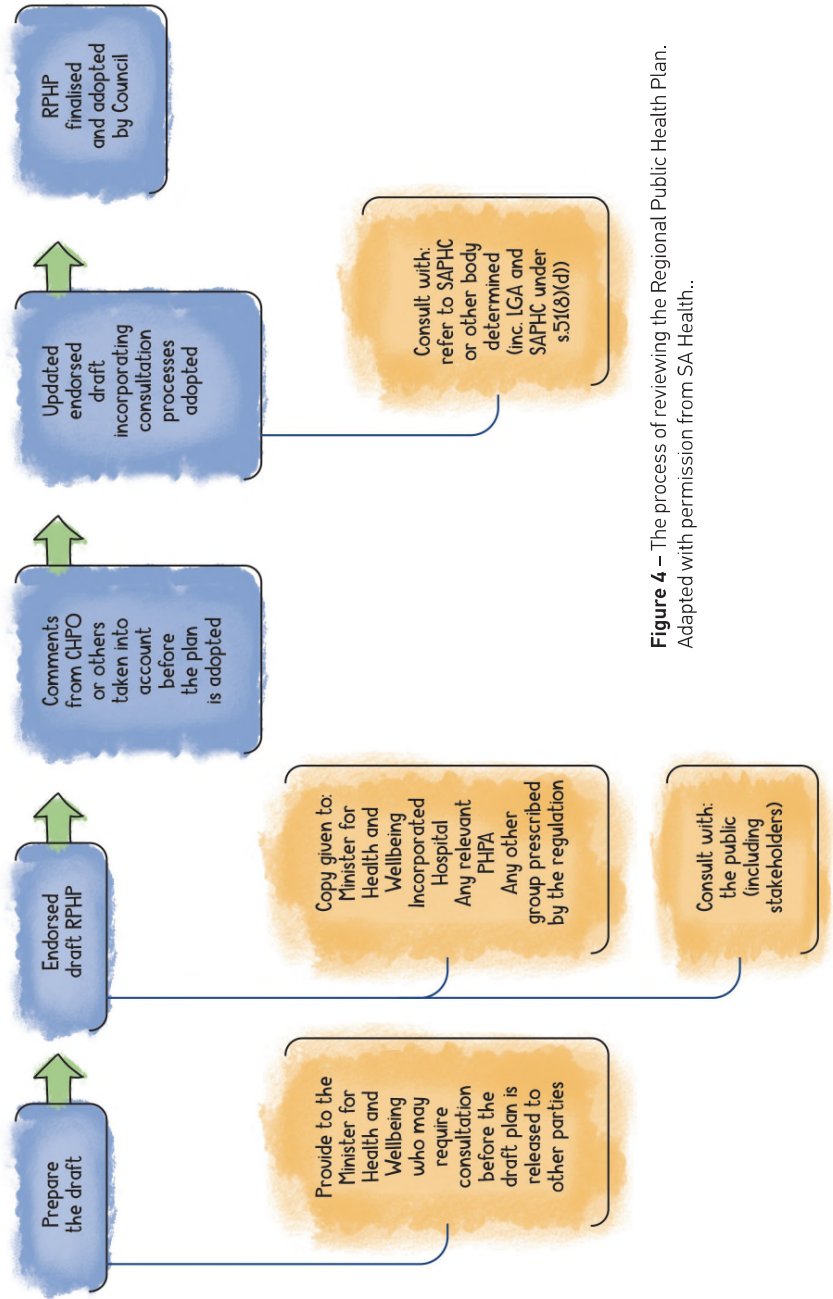
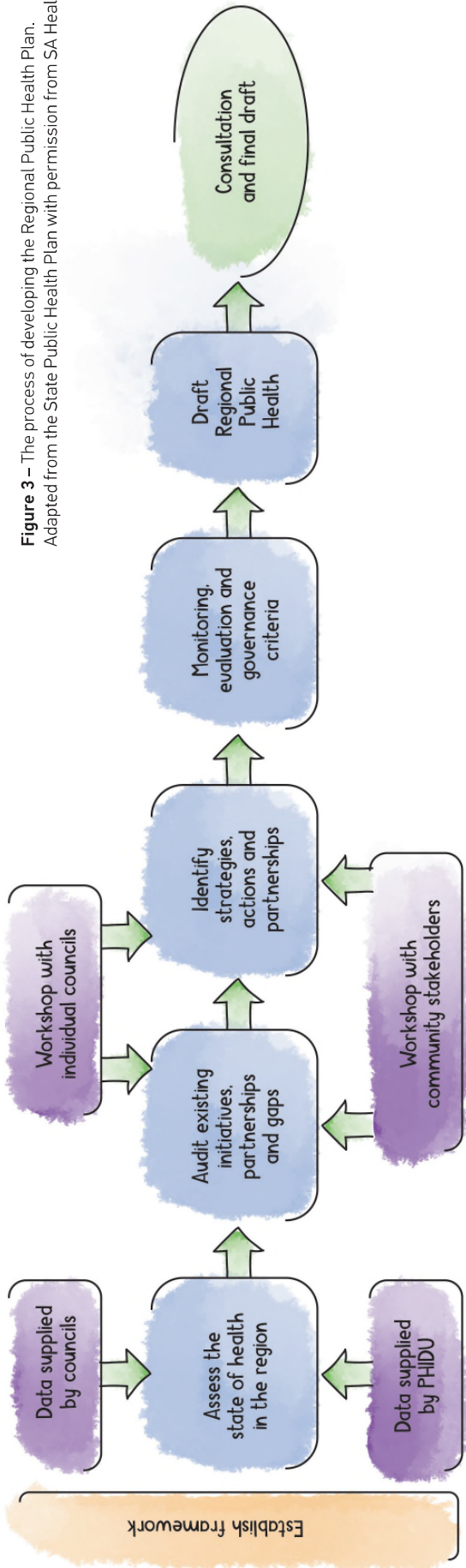


**Figure 1** - South Australian Public Health Planning System.  
Adapted from the State Public Health Plan with permission from SA Health.



**Figure 2** - Framework of the State Public Health Plan 2019-2024.  
Adapted from the State Public Health Plan with permission from SA Health.

**Figure 3** – The process of developing the Regional Public Health Plan.  
Adapted from the State Public Health Plan with permission from SA Health.



**Figure 4** – The process of reviewing the Regional Public Health Plan.  
Adapted with permission from SA Health..

# THE HEALTH LANDSCAPE: SOUTHERN EYRE PENINSULA

This plan provides a basis for understanding and acting upon factors impacting community health within Southern Eyre Peninsula.





It demonstrates the substantial range of initiatives Councils and other organisations currently undertake to support health and wellbeing in the region. The plan highlights new strategies in promoting and improving health. It also aims to strengthen our Councils' relationships with other sectors and organisations and build new alliances to bring greater focus to the highest priority areas.

Since the first SEPRPHP there have since been significant changes in the landscape of public health. These include the COVID-19 pandemic and its flow on effects, and the establishment of an entirely new State agency representing an increased focus on prevention and holistic health and wellbeing by the public health sector.

Southern Eyre Peninsula communities have responded valiantly to the pandemic, resilience through lockdowns, kindness within community, adaptation by business and organisations to care for their residents.

However, detrimental effects have included social isolation and mental wellbeing concerns, impacts on personal and business finances, employment, travel, and tourism impacts. Learnings from this period will put us in good stead to care for each other and particularly our most vulnerable.

Our communities have also been affected by seasonal employment and industry sector employment changes, and continue to be affected by gambling, alcohol, and drug use.

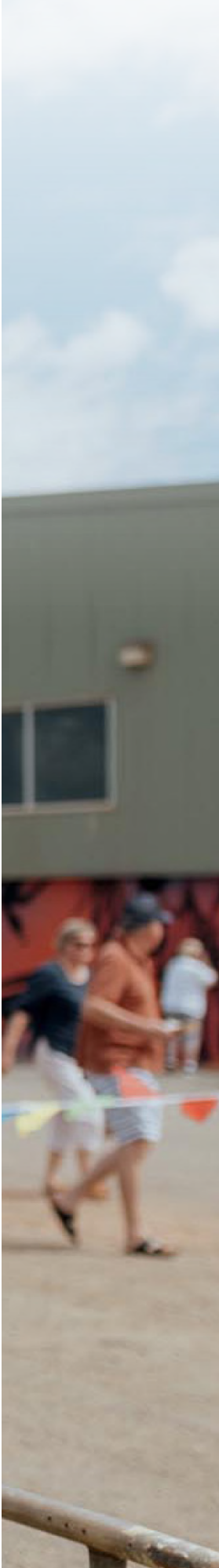
Regional public health plans also recognise vulnerability to significant risks including isolation, unemployment, substance use issues, housing stress and other complex needs. Effective responses to the most vulnerable, means consideration of social, economic and health inequity within local communities with a goal to build resilience, and link people to support networks, services, and resources. Action on social protection has a high emphasis on partnering with other agencies and advocacy.

Wellbeing SA was established in 2020, representing a renewed focus and action on prevention. It will use a broad, population health approach to lead community-wide action on the determinants of health and wellbeing.

A push across the state and national health environment away from chiefly treating people when unwell, to a health and wellbeing system which also promotes physical, mental, and social wellbeing, prevents ill health and supports people to maintain wellbeing and lead healthier lives.

A large part of Wellbeing SA's mandate is working with the State Government and the wider community to reduce rates of suicide – which is the leading cause of death for South Australians aged 15 to 44.

For our region, this “rebalancing” of the priorities of the public health system gives clear scope within this Plan to appraise current initiatives and promote new strategies which support health and wellbeing.



# A SNAPSHOT OF THE REGION

The Southern Eyre Peninsula region covers approximately 7400km<sup>2</sup> with a population of 23,131, most living within the City of Port Lincoln.

The region has a mix of coastal and inland communities, and national parks, which contribute

to a positive natural environment promoting physical activity.

Residents identify community strength, open space availability and low costs of living as advantages that support health and wellbeing.

## OUR POPULATION

# 23,131

Our region's annual population growth of 1.2% is below the South Australian rate of 1.3% and below the national population growth rate of 1.7%.

CITY OF PORT LINCOLN  
**14,404**

LOWER EYRE  
**5,910**

DISTRICT COUNCIL OF TUMBY BAY  
**2,817**

## FIRST NATIONS

# 1,188

First Nations make up 6.6% of our regional population, a higher proportion than 2.4% within the South Australian population

CITY OF PORT LINCOLN  
**946**

LOWER EYRE COUNCIL  
**180**

DISTRICT COUNCIL OF TUMBY BAY  
**62**

## OUR AGES AND ABILITIES

Life expectancy in Southern Eyre Peninsula  
**81 YEARS**

Southern Eyre Peninsula median age:  
**40 YEARS**

South Australian median age:  
**41 YEARS**

First Nations median age (SA):  
**24 YEARS**

CITY OF PORT LINCOLN (COPL)  
**83**

LOWER EYRE COUNCIL (LEC)  
**80**

DISTRICT COUNCIL OF TUMBY BAY (DCTB)  
**81**

### Percentage of population

|   |                   |                 |                  |
|---|-------------------|-----------------|------------------|
| Aged 0-19 years   | COPL: <b>23%</b>  | LEC: <b>25%</b> | DCTB: <b>21%</b> |
| Aged 65 years plus  | COPL: <b>21%</b>  | LEC: <b>19%</b> | DCTB: <b>31%</b> |
| <b>5%</b> of South Australians need assistance because of health, disability or age | COPL: <b>6.5%</b> | LEC: <b>3%</b>  | DCTB: <b>7%</b>  |
| <b>31%</b> South Australians have at least one long-term health condition           | COPL: <b>29%</b>  | LEC: <b>26%</b> | DCTB: <b>34%</b> |



## OUR CULTURE

We come from 39 countries

Speak more than 30 languages



Follow at least

**25**

religions



**22%**

of us  
(over 15 years)  
volunteer with a  
community group



**570** of our residents  
serve or have served  
in defence forces



## OUR HOUSEHOLDS

Top languages spoken at home other than English

### COPL

Croatian, Tagalog,  
Greek, Punjabi, Italian,  
Australian indigenous  
languages

### LEC

German, Greek, Thai,  
Australian indigenous  
languages

### DCTB

German, Italian,  
Indonesian, Thai

## OUR RELATIONSHIPS

46% of South Australians are  
married, as are 46% of Australians.

**42%**

COPL

**55%**

LEC

**55%**

DCTB

11% of South Australians are  
de facto, 12% Australia

**14%**

COPL

**15%**

LEC

**11%**

DCTB

## OUR ENVIRONMENT

Australian population density:

**3.3** people per km<sup>2</sup>



SA population density:

**1.8** people per km<sup>2</sup>

SEP population density:

**164** per km<sup>2</sup>

**490**

per km<sup>2</sup>

COPL

**1.3**

per km<sup>2</sup>

LEC

**1.1**

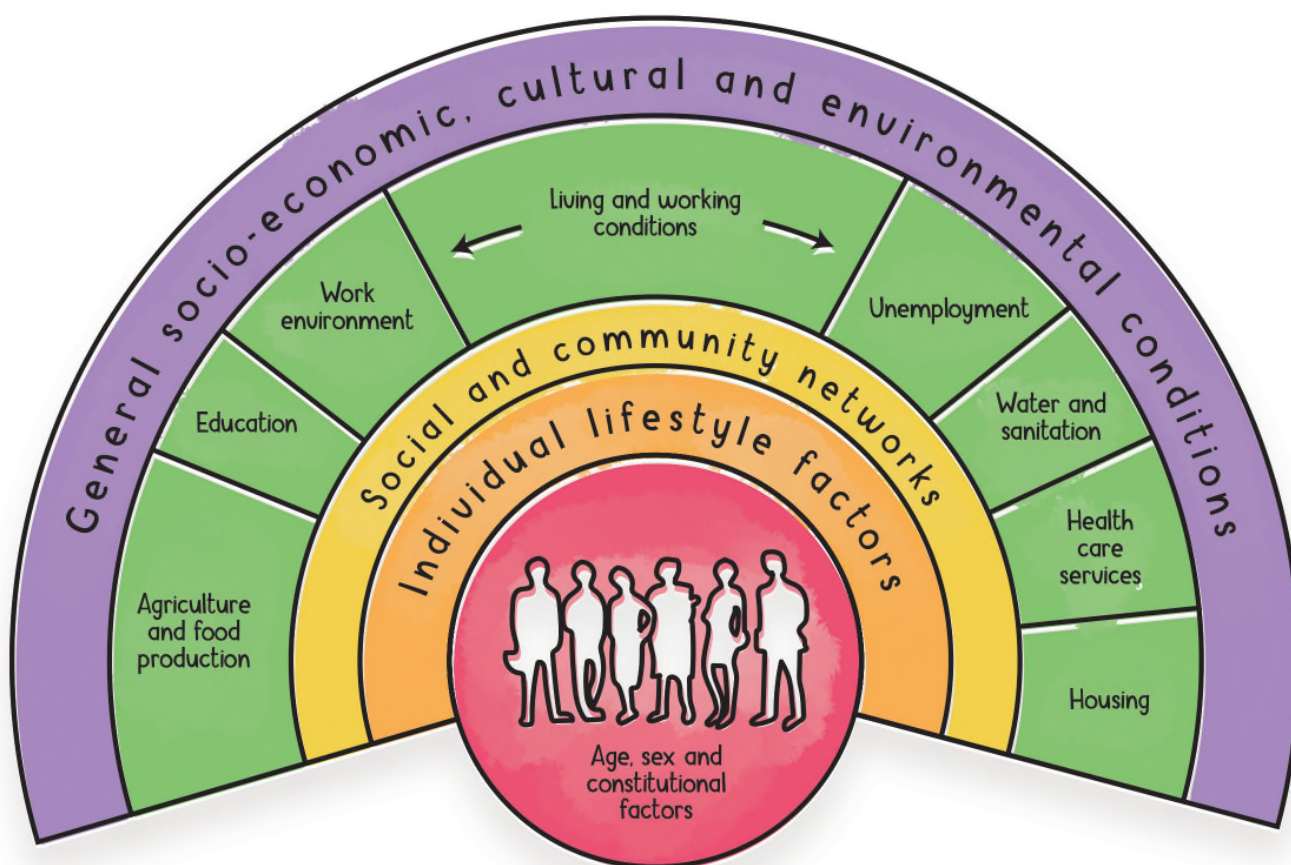
per km<sup>2</sup>

DCTB

|  | COPL                        | LEC                         | DCTB                        |
|--|-----------------------------|-----------------------------|-----------------------------|
|  | <b>22%</b> 4+ bedrooms      | <b>34%</b> 4+ bedrooms      | <b>24%</b> 4+ bedrooms      |
|  | <b>56%</b> 3 bedrooms       | <b>47%</b> 3 bedrooms       | <b>50%</b> 3 bedrooms       |
|  | <b>17%</b> 2 bedrooms       | <b>14%</b> 2 bedrooms       | <b>20%</b> 2 bedrooms       |
|  | <b>3%</b> 1 bedroom         | <b>4%</b> 1 bedroom         | <b>4%</b> 1 bedroom         |
|  | <b>8%</b> no vehicle        | <b>1%</b> no vehicle        | <b>5%</b> no vehicle        |
|  | <b>37%</b> have 1 vehicle   | <b>22%</b> have 1 vehicle   | <b>32%</b> have 1 vehicle   |
|  | <b>38%</b> have 2 vehicles  | <b>43%</b> have 2 vehicles  | <b>39%</b> have 2 vehicles  |
|  | <b>17%</b> have 3+ vehicles | <b>33%</b> have 3+ vehicles | <b>23%</b> have 3+ vehicles |

# MULTIPLE DETERMINANTS OF HEALTH

Our health and wellbeing is impacted by the social, economic and environment conditions in which we live - the determinants of health. Below are some examples of our region's experiences of them. Other determinants include the influence of built and natural environments, genetic factors, work conditions and environments and access to health care and services.



**Figure 5** – The determinants of health by Dahlgren and Whitehead 1991.

Graphic adapted from The First Pan European Sociological Health Inequalities Survey of the General Population: The European Social Survey Rotating on the Social Determinants of Health, used and licensed under CC 4.0 International by the City of Port Lincoln.



**22%** of our region's people volunteer formally with an organisation or group.  
**10%** voluntarily care for someone with a disability, health issues or in an older age group.

**19%** of Southern Eyre Peninsula children were considered developmentally vulnerable in the Australian Early Development Census 2021 (30% in Port Lincoln, 22% Lower Eyre, and 4% Tumby Bay), compared with 13% in SA and 11% across Australia. The region's rate has fallen significantly from 31% in the 2018 AEDC.



**40%** of SEP residents aged 15 years and over (no longer at school) have a Year 12 or equivalent qualification, compared with 55% of South Australians and 59% of Australians.

Mental ill health is now the second largest contributor to years lived in ill health. Not all mental health issues are reported or diagnosed, however it is estimated to affect nearly half of all South Australians within their lifetime, and one in five in any one year.

An estimated 17% of Port Lincoln residents have mental or behavioural issues, compared with 21% in SA and 20% in Australia (no data available for Lower Eyre or Tumby Bay).

In SA, 10% people have reported mental health issues such as depression or anxiety, with 8% in Port Lincoln, 6% in Lower Eyre and 9% in Tumby Bay.



**29%** of SEP residents of all ages have reported they have one or more long-term health conditions - 29% of Port Lincoln residents, 26% Lower Eyre, and 34% Tumby Bay.



SEP households have a median total weekly income of \$1,313, compared with SA \$1,206 and Australian \$1,438.

**44%** of Southern Eyre Peninsula households are low-income (in the bottom 40% of income distribution), compared to 40% in SA and Australia, and 29% in regional SA.

**19%** of these low income households are in mortgage or rental stress, (Lower Eyre 14%, Port Lincoln 26% and Tumby Bay 18%), on par with regional SA, also 19%.

# HEALTH STATUS IS NOT THE SAME FOR EVERYONE

There is an established connection between social and economic disadvantage and poor health. In broad terms, this means that people who live with disadvantage will experience the poorest health.

Taking action to improve the social determinants of health is necessary to improve the health of vulnerable groups. For this reason, social inclusion and community development is a priority for improving health and wellbeing of the wider community.

Vulnerable people groups include First Nations peoples, those at a socio-economic disadvantage, and those with culturally and linguistically diverse backgrounds. Eyre Peninsula residents are also rural and remote, geographically, which adds another layer of disadvantage.

The Index of Relative Socio-Economic Disadvantage is compiled by the Australian Bureau of Statistics identifies scores below 1000 to reflect greater disadvantage. As at 2021, the Southern Eyre Peninsula region's average score of 991 indicates a similar level of relative disadvantage to the non-metro SA score of 946.

|            |              |            |
|------------|--------------|------------|
| <b>948</b> | <b>1,033</b> | <b>993</b> |
| COPL       | LEC          | DCTB       |

Children in low-income families can be more vulnerable to psychological and social difficulties, behavioural problems, lower self-regulation and elevated physiological markers of distress.



The proportion of children in low income and welfare dependent families varies:

|            |           |           |            |             |
|------------|-----------|-----------|------------|-------------|
| <b>20%</b> | <b>7%</b> | <b>9%</b> | <b>12%</b> | <b>17%</b>  |
| COPL       | LEC       | DCTB      | SA METRO   | SA REGIONAL |



Education and training can reduce the risk of substance abuse, poverty and risky behaviours. A relatively high proportion of our region's school leavers go on to attend university.

|            |            |            |
|------------|------------|------------|
| <b>24%</b> | <b>27%</b> | <b>25%</b> |
| COPL       | LEC        | DCTB       |

Sources for pages 12-16: Australian Bureau of Statistics - Census 2021; Australian Early Development Census 2021; Australian Institute of Health and Welfare 2022; Torrens University Australia PHIDU (Public Health Information Development Unit) Social Health Atlas 2023.

# STRATEGIC DIRECTIONS FOR SOUTHERN EYRE PENINSULA

This section outlines our strategic directions for promoting public health and wellbeing within the City of Port Lincoln, the Lower Eyre Council and the District Council of Tumby Bay.

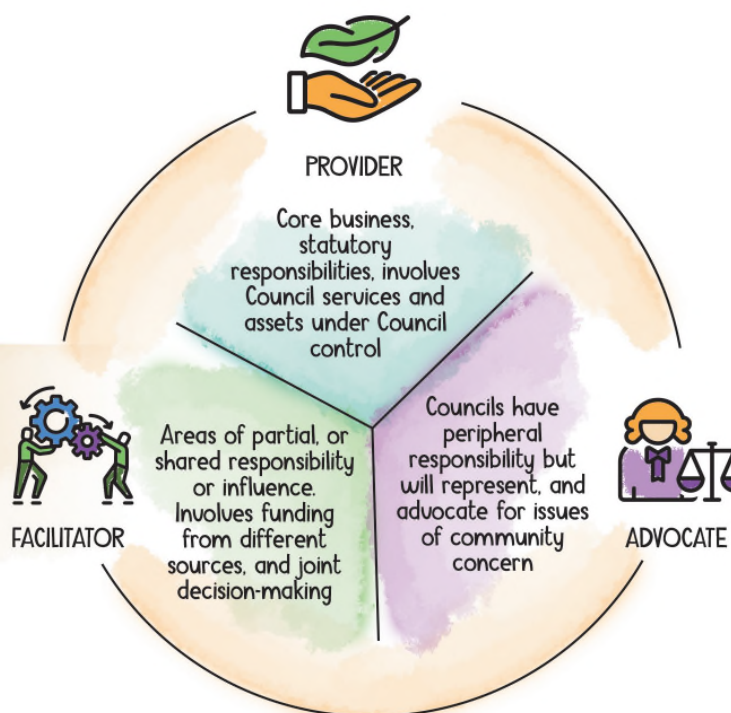
It is aligned to the four priority areas of the State Public Health Plan:

- PROMOTE** - Build stronger communities and healthier environments
- PROTECT** - Protect against public and environmental health risks and respond to climate change
- PREVENT** - Prevent chronic disease, communicable disease and injury
- PROGRESS** - Strengthen the systems that support public health and wellbeing

Strategies in this plan are based on the region's state of health as reflected in reliable data (see acknowledgements on page 2) and consultation with Council representatives and community organisations.

The following initiatives support public health and wellbeing and demonstrate the substantial contribution made to public health promotion by councils, community organisations and government agencies. They reflect public health priorities for our region and how councils plan to address them in the future.

## The roles of Council in public health





# PROMOTE

## build stronger communities and healthier environments

This priority area recognises the role of local government in promoting physical environments for healthy lifestyles and wellbeing through collaborative and vibrant environments.

### In our region we can all:

- feel safe, healthy, well, supported and valued
- be welcomed, connected and participate in community life
- enjoy community support structures to support resilience and wellbeing

### Examples of council roles in this goal:

- Plan for disability access and inclusion
- Advance reconciliation and unity within communities
- Support older people to live well
- Foster positive engagement of youth
- Champion active citizenship and volunteering
- Support community events
- Provision of community grants
- Facilitate programs to support and improve digital literacy and access to resources
- Maintain libraries, community centres, other social infrastructure and programs



**Our regional collaboration actions for this priority are:**

| Action  | Looks like  |
|---|---|
| Regional collaboration on improved walking trails and camping | <ul style="list-style-type: none"> <li>Continue collaborative involvement with Regional Development Australia Eyre Peninsula and Eyre Peninsula councils to improve networks of outdoor recreational facilities and trails for walking and cycling</li> </ul>   |
| Support all people to live well within their communities      | <ul style="list-style-type: none"> <li>Investigate further development of Ageing Well strategies and initiatives</li> <li>Advocate for continued investment and expansion of health and aged care</li> <li>Promote consistent public health and wellbeing initiatives and messaging, in collaboration with relevant stakeholders, with consideration of messages being culturally appropriate wherever possible.</li> </ul> |

**Council actions for this priority**

| Council     | Priority action   |
|-------------|---|
| <b>COPL</b> | <ol style="list-style-type: none"> <li>Continue to implement Council’s Reconciliation Action Plan</li> <li>Continue to implement the Disability Access and Inclusion Plan</li> <li>Develop and implement a Youth Action Plan</li> <li>Develop and implement the Sport and Recreation Strategy to meet community needs and sustainable service levels</li> <li>Promote wellbeing, inclusion, digital literacy and childhood development through programs, activities and services at council facilities such as the Port Lincoln Library, Nautilus Arts Centre and Artyrea</li> <li>Develop and implement the Volunteer Management Plan</li> <li>Advocate for expansion of dial a ride service to include the whole of Port Lincoln</li> </ol> |
| <b>LEC</b>  | <ol style="list-style-type: none"> <li>Continue to implement the Disability Access and Inclusion Plan</li> <li>Maintain youth engagement through Youth Advisory Committee</li> <li>Maintain Community Engagement Strategy and Program with annual meetings and reference groups to involve residents in development, planning and issues of interest</li> <li>Continue to provide the Creating Connections program to offer increased social engagement and wellbeing for 55+ residents</li> <li>Continue to provide financial support to Cummins and Coffin Bay Ambulance Services and Eyre Peninsula Red Cross Community Transport Scheme</li> </ol>  |
| <b>DCTB</b> | <ol style="list-style-type: none"> <li>Continue to implement the Disability Access and Inclusion Plan</li> <li>Maintain youth engagement through Youth Advisory Committee</li> <li>Facilitate opportunities for training in digital literacy especially for older people</li> <li>Encourage community and council partnership on tourism and events, including training for volunteers such as Town Ambassador program</li> </ol>   |



# PROTECT

## protect against public and environmental health risks and respond to climate change

We have healthy and safe communities due to the often unseen, but essential public health services that protect us each day. Local government partners with state government to maintain the infrastructure and systems that protect the community against public and environmental health risks.

### In our region we:

- Are planning for the long-term impacts of climate change
- Are resilient communities, resourced and planning to respond to and recover from emergencies and disasters such as extreme weather events

### Examples of council roles in this goal:

- Climate change adaptation planning and integration
- Energy and water efficient council buildings and facilities
- Emergency management and disaster response planning
- Community education and communication during extreme events
- Manage public health risks such as food and water safety



## Our regional collaboration actions for this priority are:

| Action   | Looks like  |
|--|---|
| Regional climate change planning and institutional collaboration           | <ul style="list-style-type: none"> <li>• Support initiatives through the Regional Climate Change Adaptation Plan for Eyre Peninsula</li> <li>• Investigate the implications of potential sea level rise on coastal assets and potential for regional collaboration on controls</li> </ul> |
| Regional emergency management response                                     | <ul style="list-style-type: none"> <li>• Participate and respond to decisions of the Eyre and Western Zone Emergency Management Committee</li> <li>• Share resources to help ensure our community is prepared and knows how to respond in an emergency</li> </ul>                         |
| Consider a regional approach to sustainable waste management and recycling | <ul style="list-style-type: none"> <li>• Support the development and implementation of regional waste management strategy by the Eyre Peninsula Local Government Association</li> </ul>   |

## Council actions for this priority

| Council     | Priority action   |
|-------------|---|
| <b>COPL</b> | <ol style="list-style-type: none"> <li>1. Improve stormwater management including water sensitive urban design (SDP)</li> <li>2. Develop and implement the Emergency Management Plan</li> <li>3. Continue to implement bushfire education and prevention programs</li> <li>4. Develop a Waste Management Strategy including community empowerment and education on resource management</li> <li>5. Strengthen regional and multi-agency partnerships to support priority environmental health and safety issues such as hoarding and squalor</li> <li>6. Review Council's carbon footprint and develop an action plan</li> </ol>  |
| <b>LEC</b>  | <ol style="list-style-type: none"> <li>1. Maintain and continue training in the Emergency Management Plan</li> <li>2. Support bushfire safety initiatives in high-risk areas to protect life and property</li> <li>3. Maintain systems and processes that enable council to support emergency and essential service organisations during emergencies</li> <li>4. Ensure continuity of key services and support to the community during emergencies</li> <li>5. Maintain awareness of impacts of a changing climate on Council's coastal towns and settlements and take appropriate actions to reduce impacts where resources permit</li> <li>6. Work with stakeholders to secure reliable electricity supply across the region, including work with proponents of renewable resources in development of proposals that meet the region's needs</li> </ol> |
| <b>DCTB</b> | <ol style="list-style-type: none"> <li>1. Investigate programs for heatwave and extreme weather that identifies shelter facilities, rolls out care packs for residents, promotes information for safe living under extreme conditions</li> <li>2. Partner with community organisations to investigate potential for a safe refuge facility during emergencies</li> <li>3. Investigate options for permanent protection of foreshore infrastructure and coastline environment</li> <li>4. Continue to implement bushfire education and prevention programs</li> <li>5. Review and implement the SA Government's Eyre and Western Zone Emergency Management Plan</li> <li>6. Identify opportunities for adoption of innovative waste management strategies</li> </ol>   |



# PREVENT

## prevent chronic disease, communicable disease and injury

This priority area speaks to the importance of local strategies that strengthen holistic approaches and partnerships for prevention, and address risk factors of individuals, for example of chronic or lifestyle diseases, and of the broader population, such as infectious diseases, health inequities, access, and treatment.

### In our region we:

- Live in safe, engaged and caring communities
- Are empowered to eat well, be active and reduce our individual health risk factors
- Promote the wellbeing of all residents regardless of their circumstances

### Examples of council roles in this goal:

- Maintain walking and cycling trails and networks
- Open space, sporting grounds, recreational facilities and playgrounds
- Recreation and sport planning
- Connect people with information and services to prevent harm from smoking, alcohol and drugs
- Encourage healthy eating through policies, programs and targeted promotion
- Create public spaces accessible to all and encourage incidental physical activity
- Minimise impacts of infectious and communicable diseases
- Improve prevention and treatment of mental wellbeing issues in the community

## Our regional collaboration actions for this priority are:

| Action   | Looks like   |
|--|--|
| Regional partnership in promotion of minimising infectious and communicable diseases | <ul style="list-style-type: none"> <li>Support State and Federal Government and other agencies campaigns and initiatives specifically SA Health and the Eyre and Far North Local Health Network, Port Lincoln Aboriginal Health Service, and allied health network</li> <li>Advocate the needs of local communities in broader planning processes and support state emergency management frameworks</li> </ul> |
| Regional collaboration on proactive health promotion                                 | <ul style="list-style-type: none"> <li>Cross promote health and wellbeing initiatives, events, and health promotion activities across local government areas to give residents more opportunities to engage</li> <li>Participate in and support state and regional campaigns and initiatives to reduce harm from alcohol and other drugs</li> </ul>  |
| Regional advocacy to support mental health and suicide prevention                    | <ul style="list-style-type: none"> <li>Advocate collectively for improved access to mental health services in the region</li> </ul>  |

## Council actions for this priority

| Council     | Priority action  |
|-------------|--|
| <b>COPL</b> | <ol style="list-style-type: none"> <li>Maintain drinking water fountains in open spaces and parks, recreational and shopping precincts, sport and recreational facilities and community spaces</li> <li>Encourage participation by local clubs and associations in Alcohol and Drug Foundation's Good Sports program</li> <li>Support community initiatives and capacity in preventing of suicide, ill mental health and substance abuse, and inspiring better wellbeing</li> <li>Support and advocate for initiatives that promote health and wellbeing outcomes through the Community Grant Funding program</li> <li>Continue to provide education opportunities for community groups on food safety</li> <li>Continue to implement the Port Lincoln Sport and Recreation Strategy.</li> </ol> |
| <b>LEC</b>  | <ol style="list-style-type: none"> <li>Promote Empowering Lower Eyre Suicide Prevention Network, Mentally Fit EP and Cummins Our Town projects for mental wellbeing</li> <li>Review the Playground Strategic Plan</li> <li>Support ongoing sustainability of the community-run Cummins Memorial Swimming Pool and explore options for a dedicated public swimming facility at Coffin Bay</li> <li>Continue to support clubs and groups to secure external grant funding for recreation and sport facility upgrades and programs</li> <li>Continue to adopt good design principles that promote inclusion when developing spaces or upgrading facilities</li> </ol>   |
| <b>DCTB</b> | <ol style="list-style-type: none"> <li>Provide and maintain open space and recreation facilities to cater to diverse community needs</li> <li>Support initiatives and partner with mental health networks such as Beacon of Hope Tumby Bay and Districts Wellbeing and Suicide Prevention Group, Mentally Fit EP, and Empowering Lower Eyre Suicide Prevention Network to build community capacity in mental wellbeing and suicide prevention</li> <li>Support clubs and groups to secure external grant funding for recreation and sport facility upgrades and programs</li> <li>Continue to adopt good design principles that promote inclusion when developing spaces or upgrading facilities.</li> </ol>   |



# PROGRESS

## strengthen the systems that support public health and wellbeing

Local government plays an important and varied role in shaping local environments to protect the community from public and environmental health risks and injury.

Councils maintain our natural and built assets and ensure sustainability and environmental factors are reflected in council programs and decision-making.

### In our region:

- Councils collaborate to deliver regional public health outcomes
- Councils are resourced (OR prepared) to support regional collaboration

### Examples of council roles in this goal:

- Seek funding to support regional coordination
- Share resources
- Shared service agreements
- Regional planning
- Linking or adding value to existing successful programs and networks



### Our regional collaboration actions for this priority are:

| Action   | Looks like  |
|--|---|
| Optimise benefits and value from regional models of service delivery | <ul style="list-style-type: none"> <li>Continue joint advancement of shared service opportunities, incorporating Public Health actions</li> <li>Promote consistent public health and wellbeing initiatives and messaging, in collaboration with relevant stakeholders, with consideration of messages being culturally appropriate wherever possible.</li> <li>Investigate potential establishment of an enduring formal 'alliance' or 'common purpose framework' for key strategic matters which are of high strategic importance to the councils and communities within the Southern Eyre Peninsula</li> <li>Liaise with existing programs and networks, for example inter agency collaborative forum Lower Eyre Leadership, and Country North Homelessness Alliance, for which housing stress and homelessness are priority issues.</li> </ul> |

### Council actions for this priority

| Council | Priority action   |
|---------|---|
| COPL    | 1. Develop and implement a housing strategy with high level focus on housing stress and homelessness  |
| LEC     | <ol style="list-style-type: none"> <li>Support the community led Cummins Health Focus Group to advocate and design solutions for the attraction and retention of medical services to the Cummins and District communities</li> <li>Support the community led Cummins Childcare Working Party to advocate for an increased childcare service in support of providing opportunities for re-entry to the workplace, community wellbeing and growth</li> <li>Advocate for increased access to quality health care and support services within the council region</li> </ol> |



## WHERE TO FROM HERE?

Each of our councils will monitor its performance and drive its delivery of the key actions identified in this plan.

However, the partnership established to oversee the first plan's development, implementation and maintenance, as well as the reporting and review process, will continue.

The South Australian Public Health Act 2011 provides legal framework for the development of the Regional Public Health Plan, its implementation, two yearly assessment reporting and a five yearly review.

The Southern Eyre Peninsula councils will partner in this two yearly reporting to the Chief Public Health Officer, and review the Plan's contention and direction every five years. The next review will be due in 2028.

# RELEVANT LEGISLATION AND DOCUMENTS

South Australian Public Health Act 2011

State Public Health Plan 2019-2024

Chief Public Health Officer's Report July 2018 – June 2020

South Australian Health and Wellbeing Strategy 2020 - 2025

Wellbeing SA Strategic Plan 2020 – 2025

Country SA PHN (Public Health Network) Needs Assessment Report 2022 – 2025

Eyre and Far North Local Health Network Strategic Plan 2020-2025

City of Port Lincoln Strategic Directions Plan 2021-2030

District Council of Lower Eyre Peninsula Strategic Plan 2020-2030

District Council of Tumby Bay Strategic Plan 2020-2030

City of Port Lincoln Reconciliation Action Plan July 2021 – December 2022

City of Port Lincoln Disability Access and Inclusion Plan 2021 – 2025

District Council of Lower Eyre Peninsula Disability Access and Inclusion Plan 2021

District Council of Tumby Bay Disability Access and Inclusion Plan 2020

Bushfire Management Area Plan Lower Eyre Peninsula

District Council of Lower Eyre Peninsula Emergency Management Plan



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**Development:** The City of Port Lincoln, Lower Eyre Council and District Council of Tumby Bay worked collaboratively to develop the first Regional Public Health Plan for the Southern Eyre Peninsula region (2015-2020) under the South Australian Public Health Act, 2011, and to generate this second review.

**Data:** The reviewed plan has drawn on advice and resources from SA Health, the Chief Public Health Officer, broader agencies and sectors, the Local Government Association of South Australia (LGA SA) and other organisations from across South Australia and Australia. Data has also been specifically used from the region's report by the Public Health Information Development Unit (PHIDU) at the University of Adelaide, and the Country SA Public Health Network Needs Assessment Report 2022-2025.

**Prepared by Southern Eyre Peninsula Councils**

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**Cover image:** Memory Cove by Carly Kruger, 2020.



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