



## Project Name: Empowering our elders: A Strategy For Living and Ageing Well in Port Lincoln

*Reporting Period: 21 April 2021 - 11 April 2024*

### Project Overview

The City of Port Lincoln has received community feedback on the draft Empowering our elders: A Strategy for Living and Ageing Well in Port Lincoln.

Responding to an ageing population and new challenges for people as they grow older, the strategy, "Empowering our elders: A Strategy for Living and Ageing Well in Port Lincoln", maps Council's role in empowering residents to live and age well.

The strategy was also informed by a robust, initial consultation with representatives of local community and organisations, and was also made available for wider public comment.

Office for Ageing Well, SA Health funded the Empowering our elders project 2023/24 through the Age Friendly SA Grant program, which included establishment of this strategy.

All submissions received during the public consultation period, including 3 late submissions, have been considered in preparation of the Final Draft Strategy, and key points summarised in a report presented to Elected Members at the Ordinary Council Meeting held on Monday, 20 May 2024.

## Online engagement levels

Features/resources used or downloaded	Unique visitors	Total downloads
Video Tool	5	9
Empowering our elders: A Strategy for Living and Ageing Well - DRAFT	53	71
South Australia's Plan for Ageing Well 2020-2025	25	26
Empowering our elders: Key Learnings Report	22	24
Disability Access and Inclusion Plan	25	33
2023 Intergenerational Report - Australia's Future to 2063 - Australian Government	27	53
Southern Eyre Peninsula Regional Public Health Plan 2023 - 2028	10	11
Sport and Recreation Strategy 2023 - 2027	22	24
Reconciliation Action Plan	19	32
Strategic Directions Plan 2021-2030	8	11

## Empowering Our Elders: A Strategy for Living and Ageing Well - DRAFT

### Number of submissions: 9

Respondent	Description	Submitted
1	<p>I would like to see:</p> <ol style="list-style-type: none"><li>1. Adequate public transport for seniors in Port Lincoln, including free travel for Seniors Card holders.</li><li>2. Free taxi transport for Seniors Card holders in Port Lincoln, to match the free bus and transport available to Seniors Card holders in Adelaide.</li></ol>	26 March 2024
2	<p>Elders would benefit from the provision of safe footpaths throughout the residential areas of Port Lincoln.</p> <p>Many residential streets in Port Lincoln currently have uneven, unpaved footpaths that are a safety hazard to pedestrians and to people using personal mobility vehicles.</p> <p>This situation frequently results in the necessity for pedestrians to walk on the road, and for people to ride their personal mobility vehicle along the roadway instead of the footpath, which places them at risk of injury from road vehicles.</p>	7 April 2024
3	<p>The Combined Probus Club of Port Lincoln has a membership of 58 and less than half that number have a computer. Interpretation of this document was difficult for people. Simplify the language to layman's terms for more response. Issues brought up by members were:</p> <ol style="list-style-type: none"><li>1. Footpaths not wide enough for wheelchairs and gophers etc.</li><li>2. Not enough disabled parking spaces and not wide enough for getting into and out of wheelchairs.</li><li>3. Cars parking on footpaths is dangerous as it limits accessibility.</li><li>4. Residential aged care is expensive for people on a pension. Single unit all found - \$1800 + \$60 week, pension for a single is only \$1100 per year.</li></ol>	8 April 2024

Respondent	Description	Submitted
4	I'm seeking to support the youth in my home town and work with you, all to make better for my people with consultation that is best for Eyre Peninsula.	10 April 2024
5	<p>I am near 50 yrs old, Aboriginal life expectancy is closing. I would like to yarn and talk as a next generation Elder for the community as to what I have seen and heard from all aspects of the Aboriginal community, for 46 years of my life in Port Lincoln.</p> <p>My children are 21/25 yr old who also live and born in Port Lincoln. I'm happy to come and start a lot of consultation on the youth in our town. I have worked with WCYCS, RSL army camp. Education department for 10+ years. I need to see change in Port Lincoln for the youth and I'm happy to work with you on consultation and community engagement with the services and programs that exist. We need the local content and the parental community to be involved. I'm worried for our youth of the Aboriginal next generation for my people and the Eyre Peninsula.</p>	10 April 2024
6	<ol style="list-style-type: none"> <li>1. Water aerobics need more classes as classes fill up too quickly and only short time to book a class before they are full.</li> <li>2. More information to what's available for seniors. Expo will bring people together.</li> </ol>	11 April 2024
7	Footpaths required in area of Hindmarsh Street and Coral Street. Users of mobility scooters unable to travel safely there. No footpaths, and kerbs too steep to use.	12 April 2024 (late submission)
8	<p>Generally, the document reads well, with "down to earth" terminology and minimal jargon.</p> <p>The section "What are we doing; What we will do" is most important and clear.</p> <p>The biggest challenge is "living in a digital world" - many elders (over 6- find this intimidating and the challenge is in the "how", how to encourage participation, so they have meaningful connections in their community.</p> <p>I note the Council is publishing community events on the website - I think this needs expansion in other formats, eg. use of</p>	12 April 2024 (late submission)

Respondent	Description	Submitted
	<p>signage/banners at the Post Office roundabout is highly visible and everyone notices it. Perhaps put a sandwich board with this weeks' events outside the Nautilus Theatre or the Civic Centre entrance.</p> <p>The Library is gradually/fast developing into a comfortable/safe place for people of all ages and interests to meet on a regular basis. Fantastic to see. The staff need to be applauded. I think this is due significantly to Louise and team being such welcoming, non-judgmental, inclusive individuals and as a team this is highly evident daily.</p>	
9	<p>Some seniors that I spoke with about commenting on the Draft Strategy said that it was not an easy document to read and follow.</p> <p>I think the trends and challenges are summarised well. Understand the constraints for Council in provider vs advocate.</p> <p>Given the current low uptake of seniors accessing and/or using the internet to access information, other more traditional ways to communicate need to continue to be used and explored e.g. distributing information to leaders of groups who have seniors as members, using existing aged care services and community newsletters, radio is still popular with seniors.</p> <p>Agree that it is important for council to maintain and build meaningful connection/relationships with senior's groups, aged care services and organisations to increase understanding of ongoing and new issues/concerns.</p> <p>Maybe a seniors' advisory group with quarterly meetings to see how things are going. Would be good to include a focus/advocacy role for council to encourage more businesses to be age friendly and to promote more respect for older people from businesses and the community generally.</p> <p>More recognition of the valuable input seniors continue to make to our community and have made during their years living in Port Lincoln as a way of addressing ageism. Also wonder if council role in providing support and information about Advanced Care Directives.</p> <p>I'm aware that Victor Harbour and Onkaparinga City have worked with a local group of services and consumers and the Office of the Public Advocate and Legal Services Commission to enable people in the community to get information and support to</p>	<p>15 April 2024 (late submission)</p>

Respondent	Description	Submitted
	<p>do their ACD.</p> <p><i>(<a href="http://www.victor.sa.gov.au/acd">www.victor.sa.gov.au/acd</a> <a href="https://www.onkaparingacity.com/Community-facilities-support/Ageing-well/Advance-Care-Directive-Peer-led-Workshop">https://www.onkaparingacity.com/Community-facilities-support/Ageing-well/Advance-Care-Directive-Peer-led-Workshop</a>)</i></p> <p><i>Project Officer: Judith Lowe <a href="mailto:Judith.Lowe@onkaparinga.sa.gov.au">Judith.Lowe@onkaparinga.sa.gov.au</a>)</i></p> <p>Potential funding opportunity for organisations who may wish to develop community ACD support programs:  <i>(SA Health - Office for Ageing Well and Health Services Programs – Strategic Grants.</i>  <i>Kathy Williams Manager, Ageing Policy and Projects Office for Ageing Well Department for Health and Wellbeing</i>  <a href="mailto:Kathy.Williams@sa.gov.au">Kathy.Williams@sa.gov.au</a>)</p> <p>Long term planning for appropriate and affordable housing and residential aged care is a must for our ageing community and needs ongoing consultation.</p>	